

Healing and Recovery: Addressing Mental Health in the Wake of COVID-19

The COVID-19 pandemic has and will continue to have, a significant impact on the psychosocial well-being of residents. This three-part, educational series offers a practical framework for providing quality care, and achieving compliance, now and in the months to come. Each module is designed to help the interdisciplinary team recognize and respond to trauma-related mood and behavioral needs of residents.

January 25, 1:00-2:30PM ~ Trauma-Informed Care: Strategies to Achieving Compliance and Quality

The revised Federal regulations for Trauma-Informed Care and Behavioral Health Services challenge long-term care facilities to ensure that they are fully prepared to care for residents with complex psychosocial needs. Beyond differentiating between dementia and psychiatric illness or addictions, the facility staff must have a working knowledge of the interventions and services necessary to achieve quality care for a rapidly changing population. This session offers an overview of the regulatory expectations and strategies for accomplishing and maintaining compliance and quality.

January 26, 1:00-2:30PM ~ Love Your Neighbor: Preventing Resident-To-Resident Aggression

While there has been increasing attention to the subject of abuse prevention in long-term care, aggression between residents is rarely recognized as a significant concern. Too often, negative, and aggressive physical, sexual, or verbal interactions that in any other community setting would likely be construed as unwelcome and potentially leading to physical or psychological distress are overlooked. The COVID-19 Pandemic has added an additional layer of stress to an already volatile environment. Heightened anxiety, depression, loneliness, and cabin fever have resulted in an increase in dissatisfaction and social unrest. This session provides strategies for anticipating the circumstances and events that may trigger negative interactions in a diverse community of residents, offering new thinking on how to achieve an environment of healing and recovery for today, and tomorrow.

January 27, 1:00-2:00PM ~ I Want to Go Home: Addressing Transfer Trauma in Dementia Care

Easing the transition from home to a long-term care community remains a challenge for many organizations. For most, the move is a last resort. A diagnosis of dementia heightens the individual's emotions and increases the risks of untoward events, such as falls, altercations and elopements. This session offers insight into understanding and addressing transfer trauma for people impacted by dementia. Strategies for an improved, person-centered admission welcome and assessment process are a focus of this conversation.

PROGRAM DETAILS

Dates

January 25, 26, & 27, 2022

Venue

Web-Based Series
(via ZOOM)

Time

Day 1: 1:00 PM – 2:30 PM

Day 2: 1:00 PM – 2:30 PM

Day 3: 1:00 PM – 2:00 PM

Contact Hours

4.0*

Cost

MHCA Member:

\$99 (1st Registrant)

\$89 (additional from same facility)

Non-Member:

\$159 (1st Registrant)

\$149 (additional from same facility)

Job Code

W22012

Certificate

After the series is complete, and proof of attendance verified, a Certificate will be issued to all eligible participants.

*This program is approved for CEUs by the Maine Nursing Home Administrators Licensure Board



Maine Health Care Association

General Education

Presenter

Barbara Speedling is an inspirational and motivational speaker, an author, educator and management consultant at the forefront of person-centered care. An innovator with more than 30 years of practical experience within the adult care community, she is the expert providers turn to when they want to ensure that the services they provide meet not only the physical needs of their residents, but their emotional and psychosocial needs as well. Working from a core belief in the dignity and individuality of all people, Barbara's unique education and training programs have helped countless adult care communities achieve lasting improvements in quality care and quality of life

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