

Quality of Life resident REVIEW

Overview:

This review will allow for team to have interactive discussion on current residents that reside within the community. To have a collaborative discussion to come to agreement on what level of **ENRICHMENT** and **THRIVING** that this resident is experiencing.

Instructions:

Use a current resident list as the prompt have a guided discussion and gather input from all team members who know the residents. Together determine what current level of enrichment and **THRIVING** a resident is in by utilizing the definitions below. Highlighters may be utilized on actual resident list or may list out names. Please list resident in appropriate category so that you may be able to see at a quick glance level of **ENRICHMENT** for focused daily purposes for staff. Please plan to work thru the process as requested below to identify the top 3 residents and pursue the steps requested to establish small enhancements that could be made daily to support an increased quality of life. An ambassador should be established which can be any full time staff member who will focus on small interactions and implementing the new ideas and will have focused attention on supporting this resident Best practice to complete this process at least 2-4 times a year.

THRIVING and LIVING – POSTER POTENTIAL RESIDENTS; 1-2 residents who are so active and **FLOURISHING** in so many ways they are living a fulfilled and purposeful life. They have a spirit of adventure and push the paradigm of what people perceive is possible for someone living in MC. This resident is newsworthy, could be the example for others to what is possible.

GREEN- Actively enriched and flourishing, high quality of life as evidenced by **ANY** of the following: Attends most planned leisure events, engages in socialization on their own, often has visitors, has an established role and feels they contribute to others. Residents who may have advanced memory loss support needs, frail health condition are supported with their comforts, preferences and an individualized sensory program is created for this resident.

YELLOW- Has a moderate quality of life as evidenced by their involvement in some preferred enrichment opportunities, has some meaning or purpose, enjoyment on a daily basis within your community.

PINK- Low level enrichment or flourishing as evidenced by **ANY** of the following: being isolated or apartment bound, does not socialize, high level of anxiety or sadness, perceived as disruptive, showing distress or pain or no purposeful programs or meaning on a daily basis.

FLOURISHING AND LIVING-

GREEN-

YELLOW-

PINK-

Next Steps...FLOURISHING AND LIVING review

1. Please identify and prioritize the top 3 residents who you have determined in the “PERSON CENTERED FOCUS –PINK ” category and list here:

Resident 1-

Resident 2-

Resident 3-

2. Brainstorm and as a group and discuss possible ways that the team could support this individual. Through sharing ideas that may be able to very simply in 5-10 minutes a day be offered /provided additional support or motivation to this resident.

Resident 1-

Ideas:

Resident 2-

Ideas:

Resident 3-

Ideas:

3. Review and determine who will be the resident’s assigned “ambassador” to focus in and carry out

Resident 1-

who will be ambassador:

Resident 2-

who will be ambassador:

Resident 3-

who will be ambassador: