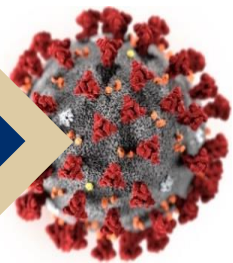


MHCA COVID19 Hand Hygiene Competency Based Tool for HCP



Hand hygiene is the most important weapon in preventing the spread of disease. Healthcare personnel (HCP) can help keep themselves and others healthy by washing their hands often and correctly.

HCP should perform hand hygiene using soap/water (or ABHS when appropriate):

Immediately before and after touching a resident or the resident's immediate environment	When hands are visibly soiled
Before performing an aseptic technique such as placing an indwelling catheter	After caring for a resident with known or suspected infectious diarrhea
Before moving from work on a soiled body site to a clean body site	After known or suspected exposure to spores (e.g. C. Difficile)
After contact with body fluids or contaminated surfaces	Before eating
Immediately after removal of gloves	After using the restroom

For the Observer: Mark an X in the YES boxes below if the employee completes the step correctly or mark an X in the NO box if they do not complete the step correctly. Fill out the tool for each HCP in your facility.

Steps for Handwashing with Soap and Water	Yes	No
Removed jewelry prior to handwashing		
if applicable Wet hands with water		
Applied soap		
Rubbed hands together to wash all surfaces of hands		
Washed hands for 20 seconds		
Washed under fingernails		
Washed between fingers		
Washed thumbs		
Dried hands thoroughly		
Turned off water with paper towel		
Disposed of paper towel in trash		
Steps for Using ABHS	Yes	No
Dispensed ample amount of hand sanitizer		
Rubbed hands together to cover entire surface of hands and fingers		
Allowed hands to dry completely		
HCP Name:	Date:	