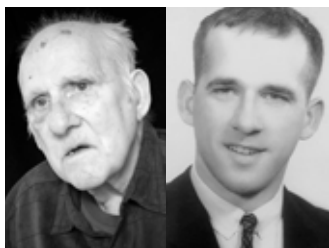




Remember 2020 ME

Photography Exhibit &
Recognition Ceremony



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Thank you

The continued positive response to the Remember ME program made a judging process necessary again this year. In reviewing the entries, the judges were asked to consider first and foremost, the resident's personal story and how it is significant or how the resident has overcome adversity. Secondary to the life story, judges also measured age, gender, geography, past facility participation, and adherence to nomination criteria in making their decisions.

Given the importance of each and every nominee's lifetime achievements, the judges were compelled to honor thirty-seven individuals in the exhibit, while presenting others with Honorable Mention Awards. The Maine Health Care Association presented certificates to all and would like to thank the following judges for their time and expertise:

Sara Sylvester
Administrator
Genesis Healthcare

Trish Thorsen, LSW
Ombudsman Program manager
Maine LTC Ombudsman Program

Dianne J. Chicoine
Director of Business & Information Services
Maine Health Care Association
Staff Judge

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Gold Sponsor:

Guardian Pharmacy Maine



Janine Bailey

The Inn at Seaport Village, Ellsworth

Janine Bailey of Paris, France was born May 18, 1917. Through her 102 years, she has accumulated an intriguing resume of accomplishments. She was raised primarily by her mother, as her father passed during WW1. She excelled academically and although she received a full scholarship to attend Columbia University, she attended Mills College in California, as her grandparents did not feel NYC was a safe place for her.

The year was 1938 when she boarded the last civilian flight out of Paris to America before the attacks of the war began. Janine chose to stay in California throughout the war after completing her education to teach the French language. From 1941-1945, she worked in Washington for the Free French and at one point served as an administrative aid to the first Foreign Minister after the war. Once Paris was liberated, she returned, making her way through London as it endured repeated V2 missile attacks. Once home, it took her nearly 8 months to reunite with her family as they are Jewish and had to continuously move around to avoid being sent to concentration camps. She worked for the Foreign Affairs department wanting to come to the foundation of the UN, but found that was not manageable. She decided to come back to the United States under ordinary circumstances, married and had 2 children. In 1956, she purchased a home and settled in Hancock, where she decided to stay for good.

Janine is a woman of many talents with a love for travel. She has visited Spain, CA, France, Greece, Egypt, Turkey, Russia, Yugoslavia, Italy, Canada, even in her mid 80's, she visited Thailand. She is a talented enamel on copper artist, making coffee tables and various smaller pieces. She also helped start a hospice program in Hancock county, the Downeast Outing Club and launched a classical music program in the early 60's on WDEA. An avid golfer, Janine taught the sport for a few summers at a course in Deer Isle, one of only a few female instructors in Maine. She is a ranked amateur golfer. She also served as a back up team member for the French Olympic Ski team. In her 80's, Janine decided she no longer wanted to contend with Maine winters so she moved to Georgia. Ten years later, she returned to Maine and retired at The Inn at Seaport Village, where she enjoys days sitting by the fireplace, no longer having to deal with the snow.



Photography by Monty Rand Photography, Bangor

Rolf Bandle

Avita of Wells, Wells

The third of four children, Rolf Bandle, 80, was born on the cusp of World War II during the summer of 1939, in a small quaint town in Northern Germany called Quakenbrück. Rolf nostalgically refers to this as a simpler time when “self sufficiency was in high regard” and “people pursued trades from their own homes.” Rolf displayed a solid work ethic from a young age, working part-time in a nursing home for a meal a day and dollar a week when he was 10 years old. At 12, he added a second job delivering packages to businesses in town during the evening on a bicycle he engineered from spare parts. He purchased his own confirmation suit when he was 14 and graduated after completing the 8th grade. He then started full-time employment at a local insurance office. Rolf emigrated to the U.S. in 1960 to work with his brothers at Nelson’s Bakery in Massachusetts. He joined the Army in 1961 and served for 6 years. Meanwhile he attained his U.S. citizenship, a high school degree, married Edda Aschermann, his girlfriend from Germany, enrolled in Northeastern University in 1964 and started a family in 1966. He began working at John Hancock Insurance Co., where he climbed the corporate ladder for the next 35 years. He graduated from Northeastern in 1972 with high honors, earning a B.S. in Business Administration.

A man of strong faith and determination, Rolf believed in education and giving back to his community. He joined the First Lutheran Church in Malden where he served as council member, superintendent of Sunday School, Treasurer, Grounds Manager, and Assistant Minister. He was the driving force behind his church’s involvement in the Bread of Life Program, which provided hot meals to the homeless. Once a month for 30 years, he cooked and served a hot meal in the basement of a large church in the middle of the city. When their stove broke down he cooked everything at home, and continued to serve it at the church.



When Edda was diagnosed with Alzheimer’s in the late 1990’s, Rolf retired, purchased a Euro VW camper and traveled the U.S., visiting every National Park. Upon their return, he opened up their home as a Hospitality Home, where people whose loved ones were in Boston hospitals could stay for free. As Rolf’s physical health declined and Edda’s Alzheimer’s progressed, it became apparent that he needed the help that he had always given to others. He moved into Avita of Wells in March 2019 with his beloved wife, where they reside together.

Photography by Wyndee Grosso Photography, Westbrook





Martha Black

75 State Street, Portland



Martha Black, 73, was born in Bangor in July of 1946 and had one sister. After a pleasantly uneventful childhood, Martha awoke in her fourteenth year suffering from swelling throughout her body. Rushed to the Ellsworth Hospital, her kidneys were found not to be functioning. After an eight week stay in the hospital, the infection was under control but her recovery from the initial onset of kidney disease took a whole year. When she was allowed to return to school it was under light-assignment, taking three courses at time. Eventually she recovered and moved to Portland. Her lifelong passion for tissue and organ donation eventually led her to serve on the National Kidney Foundation (NKF) board of directors. As a young woman she wanted to become a nurse, but her health didn't allow for that career trajectory. Instead she took business classes and became a secretary at Maine Medical Center. She was offered training to become a cardiovascular technician. At 27, she met her husband and transferred to Brunswick Regional Hospital and adopted a baby boy. After her divorce, she went back to Maine Medical Center where she retired from in 2017.

While volunteering for NKF, she was asked to speak at many venues and on behalf of the New England Donor Services. Martha was on dialysis for two and half years before a kidney transplant in 1999. She has been an outdoor sporting enthusiast all her life, participating in the Transplant Games four times in Kentucky, Florida, Minnesota, and Canada. The first years she participated in field events (softball throw and long jump) and subsequent years, in bicycling. While she may have been the last person to finish, she always completed the race. She also loved snowshoeing and knitting. In 2009, her kidney transplant started to malfunction and she's now been on dialysis for a year. She continues to volunteer as a mentor for the NKF, helping other patients through a similar journey to her own and raising awareness about the importance of organ donation.

Martha is the proud grandmother to a single granddaughter. She moved to 75 State Street in September 2019 where she has impressed the staff with her positive attitude. While she is not going to have another transplant, she remains a fierce advocate for her health and organ and tissue donation. Martha's history of overcoming health obstacles makes her an asset to 75 State Street where she is inspirational to residents and the staff.

Photography by Wyndee Grosso Photography, Westbrook

Dorothy Bujold

Mount Saint Joseph Residence & Rehabilitation, Waterville

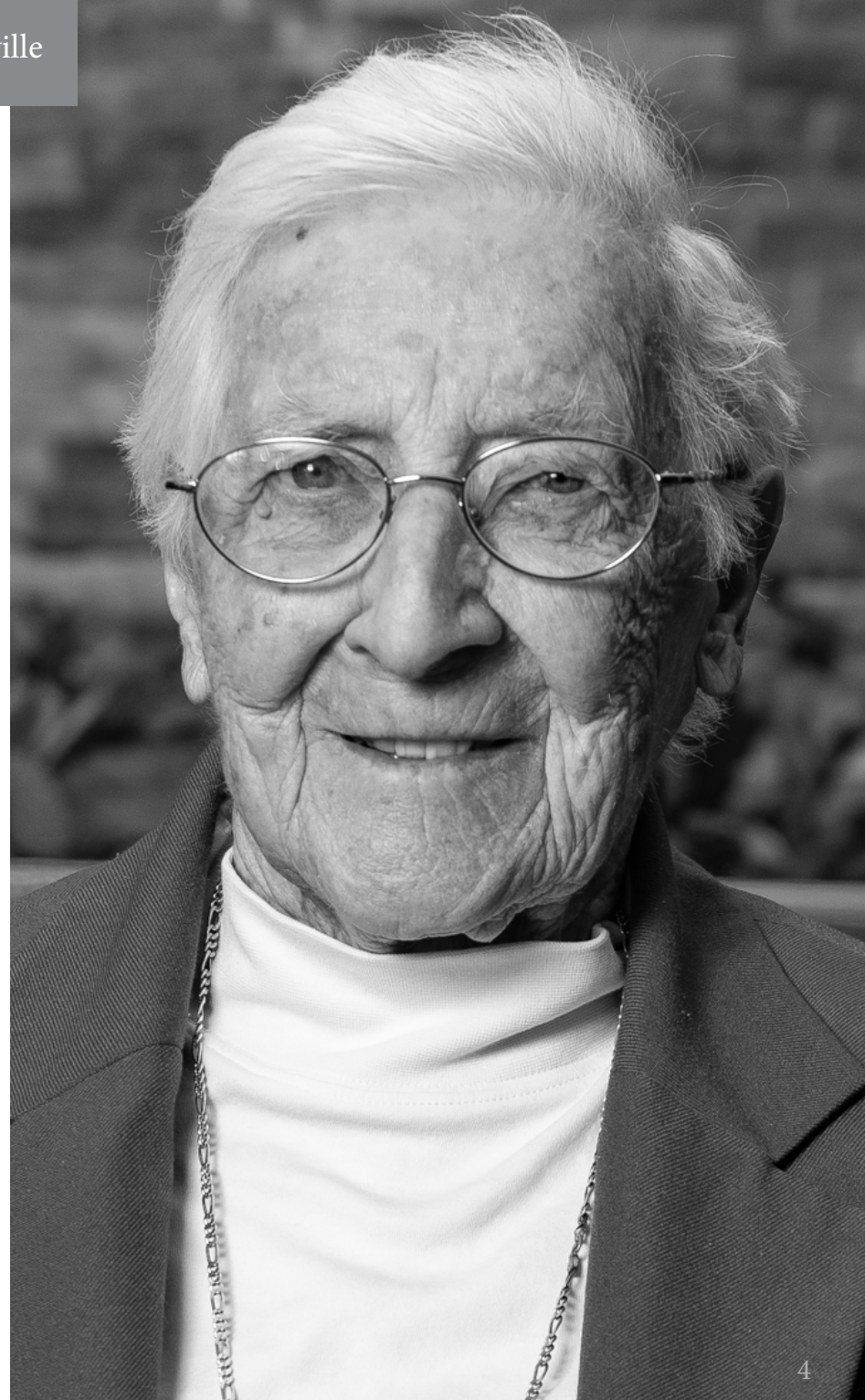
A one-room schoolhouse in rural Maine is a long way from the corridors of international religious orders in Rome or the impoverished villages of West Africa, but Sister Dorothy Bujold, 93, has lived and worked in these places in an amazing journey of service and faith. Dorothy was born in 1926 on a small farm in Waterville to French Canadian parents. By the age of 18, Dorothy had discerned her life's calling, inspired by the teachings of the Sisters of Saint Joseph of Lyon and their mission of "loving God and neighbor without distinction." Dorothy taught in a one-room schoolhouse and worked at the Hathaway plant in Waterville. At 20, she took the step that changed her life by joining the congregation of the Sisters of Saint Joseph and entering the teacher training program. Dorothy quickly grew into religious life, but says it wasn't an easy decision to forego marriage and family life and those early years were not without doubts. "I sometimes wished I could have lived both lives," she says. Yet she knew that her true vocation was in service to God. Dorothy taught at the Academy of St. Joseph in South Berwick, a boarding school for girls, and then as a teacher and principal at the Holy Family School in Lewiston, where she received the best compliment when a parent said to her, "Thank you for having loved our children."

After teaching, Sr. Dorothy was named Assistant General of the Congregation in France. For the next 8 years, she traveled throughout the world helping the congregation prosper during the busy post-war years of rebuilding and economic expansion in Europe. After her term ended, Dorothy returned to Maine, but she was soon called to the International Union of Superior Generals in Rome, where she was appointed Secretary-General. She continued a similar role as Vicar for the Religious of the Diocese of Portland. When she saw a call for a mission abroad in Africa, Sr. Dorothy

knew she needed to go. She was accepted and, together with two other Sisters from France and India, she spent 12 years in Senegal and Ivory Coast in West Africa, where she helped organize schools, provide spiritual support, and nurture the independence of the local people.

In 2002, at 76, Dorothy took up residence in Bingham, where she was asked to be a presence of the church at a time when there was no priest in residence. She served for 10 years before residing at Mount Saint Joseph, where today, she says when she reflects on her work, she feels God gave her the grace to find happiness and fulfillment wherever she was sent.

Photography by Monty Rand Photography, Bangor





Donald Burke

Marshall Healthcare, Machias



Donald Leo Burke was born in Chicago, Illinois August 3, 1926, the eldest of three children born to Martha and Leo Burke. He attended a Catholic elementary school and Lane Tech High School in Chicago. As a young man, Don worked several different jobs including a paper route and working part time at Western Electric on the night shift. When he wasn't working, he could be found down by the river fishing for perch. In his sophomore year, Don's friend introduced him to his wife, Emma. Don recalls, "She met my eye immediately." He was a great dancer, well known for his perfection of the jitterbug. On their first date he took her to a dance where he admits he might of showed off his dance moves, but he did what needed to be done in order to "reel" her in. After his Junior year, Don took a leave of absence from school and joined the U.S. Army. He served in the Signal Corps during the European Theater at the end of World War II. While he was away, there wasn't a single day that he didn't receive a letter from Emma and, if he was lucky, homemade cookies too.

After the service, he returned to his hometown where he completed his last year of high school. Don and Emma were married on August 16, 1947, and will be celebrating 73 years of marriage this year. Don went on to earn a business degree at the College of Illinois. Upon graduation, Don began working at the Chicago Fire Department where he was employed for 27 years. He held the rank of Captain when he retired. On his days off, he drove a semi-truck and delivered food to local businesses. Emma and Don have 5 children, and 10 grandchildren. Don and Emma enjoyed traveling in a travel trailer to Florida in the winter to visit them.

In 1979, Don and Emma moved to Maine, settling in East Machias where they built their home. He enjoyed woodworking and making furniture, including the cabinets in their home. He is a die-hard cribbage fan and is a member of the Machias Cribbage Club. Emma and Don previously lived at the Veterans' Home together but Don's health made a move to Marshall Healthcare necessary where he very much misses Emma. Both facilities ensure they get at least weekly visits. After 73 years of marriage, they are now living in separate places wishing it could be different, but sometimes life gives you bumps in the road. When asked about his life of 93 years, Don says, "I always thought my life was a blessing. I did everything I wanted to," then jokes, "I never thought of my life as being anything but a good time."

Photography by Gary Guisinger, Perry

Alice Chasse

Ridgewood Estates Assisted Living, Madawaska

Alice Chasse, 89, was born in St. David on September 25, 1931, one of 10 children born to Ernest and Aline Dufour. She was a hard worker, growing up on a farm, helping her father while her mom cared for the rest of the family. Alice drove the potato digger in the fields at harvest, fed the farm animals, gardened, and roofed the barn. She recalls when her father got a horse to help on the farm. He told Alice, who was afraid of its size, that it would not hurt children and put her on the horse for a little ride. "I was not convinced of that," she said. "I was almost 7 years old and knew better, but I came behind the horse with a piece of thin wood and smacked its behind! I woke up in the pig pen with piglets nibbling all around me. I never told my parents for fear of being scolded."

In her early teens, Alice and her sister worked in private homes helping midwives. Little did she know that this prepared her for a life-changing event. At 17, Alice's mom passed away having her 11th child, leaving Alice to raise her siblings. She had been planning her wedding, but had to postpone it. With the help of her sister she continued working on the farm. Her fiancé, Patrick Chasse, patiently waited for Alice. They married May 1, 1951 when Alice was 20. She helped her father with the younger boys until they were old enough to care for themselves. Then another tragedy struck when Alice's 16 year old brother fell into a farm combine and lost his leg. Alice cared for him after that accident until he healed and got a prosthetic. Alice and Patrick worked side by side on their farm, harvesting potatoes and wheat and selling milk, butter, vegetables, and wild strawberries to their local communities. They were blessed with a daughter they named Aline after Alice's mom. Alice never was able to carry more children due to medical issues. Aline married and blessed them with

two beautiful grandchildren. In another life changing moment, Alice and Patrick mourned the death of their only daughter who died of cancer at age 36. With their granddaughter in her first year in college and a 9-year-old grandson, the Chasses lived across the street and were always available to help.

At 55, Alice went to work for the Aroostook Area Agency on Aging, travelling all over the valley to help elders in the community. Alice and her husband have been together for 69 years. Patrick says his wife has spent her whole life helping others. "She has been a loving wife, a good mother, and she is my best friend," he says.

Photography by Bespoke Photographer, Limestone



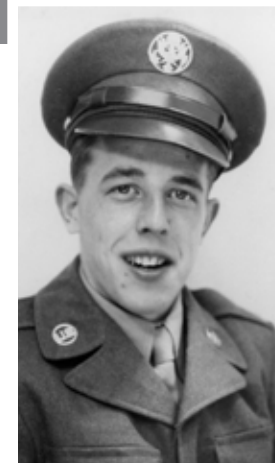


Robert Childs

In Memoriam

Edgewood Rehabilitation & Living Center, Farmington

Robert Childs, 88, was born in Waterville, Maine, in 1931 and grew up in Belgrade where he attended school. His parents were Everett (Manley) Childs and Susie Hatt. After leaving home at an early age, he worked various jobs on state road crews, drove log trucks, and served in the Air Force as a heavy equipment operator. He served at various bases, including a deployment to Narsarsuaq Air Base in Greenland, where he was selected as Airman of the Month in February 1953. He worked 27 years for the Maine Department of Transportation, operating construction equipment to rebuild state aid roads in the summer and plowing snow in the winter until his retirement. He then ran his own gravel and loam business, installed septic systems, co-owned a wood splitting mill and delivered firewood to folks for several years.



As a lifetime Phillips resident, he participated in various activities. He served as a volunteer fireman and belonged to the Men's Club where he enjoyed making the occasional lobster stew supper. He was Master of the Blue Mountain Masonic Lodge and member of the Kora Shriners. As one of the founding members of the local Sandy River Flying Club, he learned to fly and owned two aircraft over the years. Most notably, while driving his truck near Blake Hill, he witnessed an aircraft crash beside the road. At risk to his own life, he stopped and pulled the occupants from the burning plane and was later honored for his heroism.

He and his wife Laurette raised two children in Phillips. They spent many years avoiding Maine winters by driving a motorhome to and from Florida, ultimately buying a seasonal home there. In recent years, they spent time relaxing at the house he helped construct on Ross Avenue. Whether in his home town or traveling, he always enjoyed meeting and talking with people, helping them out, and making new friends. Robert receives this award posthumously and is deeply missed by his family, as well as his caregivers at Edgewood.

Photography by Dianne Chicoine, West Gardiner

Janie Cummings

Brewer Center for Health & Rehabilitation, Brewer

Janie Cummings, 71, was born in 1948 in Houlton and grew up in the farming town of Benedicta. She was from a musical family and loved to sing and dance as a child. In high school Janie represented her school proudly at Dirigo Girls State. In 1966, she graduated Valedictorian of her class at St. Benedict's High School. Janie attended St. Thomas University in Fredericton, N.B., Canada where she graduated with a B.S. Degree in Psychology. With a life-long love for the theater, she was active in the drama club. Following her college graduation, Janie returned to Maine and taught school for three years. During this time she met the love of her life, Jim Raymond, a Sargent in the U.S. Air Force. They married in 1974 and were together until his passing in May of 2019.

Jim was deployed to Syracuse, NY, where Janie worked for the North Syracuse Native American Education Program, tutoring elementary school children. Janie learned to swim in her 30's and received a Presidential Sports Award for swimming regularly for six months. When Jim was deployed to Germany where there was no housing, she went back to school at the University of Maine in Orono, where she earned a Master's Degree in Education. She also tutored with Literacy Volunteers. When Jim was deployed a second time to Syracuse, she joined him and resumed her work with the Native American Education Program. Janie also worked with the American Lung Association, teaching their smoking cessation program in business environments. Upon her husband's retirement from the Air Force in 1985, the couple settled in Machias where they spent the next 30 years. The couple started a small business and Janie worked as an English as a Second Language tutor with GED students and the Adult Ed Program. She expanded her interests to library work, enrolling in the University of South Carolina's online Library program and graduated with a MLIS Degree (Masters of Library and Information Science) and served many years as a consultant and Board member of the Whitneyville Public Library.

Janie was a member of a contemporary singing group called Joy, performing at churches, nursing homes and the VA Hospital. Janie is a Eucharistic Minister and has taken classes in self- defense, computer programming, Reiki, French & Chinese cooking, and car maintenance, to name a few. She also worked at Maine Life Paper, the Maine Sportsman and Millinocket Regional Hospital. Today, Janie enjoys reading, watching tv, writing and telephoning family and friends.

Photography by Monty Rand Photography, Bangor





Vanessa Dorr

Odd Fellows' & Rebekahs' Home of Maine, Auburn

"If you give a hug or smile to another person, it costs you nothing, but it might make someone's day." This is the motto that Vanessa Dorr, 62, lives every day. Since Vanessa moved into the Odd Fellows' & Rebekahs' Home in October 2019, she spends most of her time encouraging and supporting her fellow residents. Her favorite things to do at the facility include playing Bingo and talking to people.



Vanessa was born and raised in Milbridge, Maine and graduated from Narraguagus High School, where she met her high school sweetheart, Donald Dorr. After high school she worked as a sardine packer, raked blueberries and made Christmas wreaths for Wreaths Across America. She also served as Vice President of the Women's Auxiliary. One of her favorite jobs, however, was working at Narraguagus Bay Healthcare Center, where, over the course of 10 years, she worked as a cook and in the housekeeping and laundry departments, and eventually as a CNA. While working 40 hours a week and taking care of her three children, she earned her Associate's Degree in office management. She dreamed of eventually becoming a high school English teacher. Vanessa opened her home to friends or relatives with no place to go. She volunteered at her local food pantry and baked fresh bread for the food pantry boxes, despite often being a recipient of the food pantry boxes too. She always spared money so others had holiday meals, even when she had little herself. She baked and decorated cakes to be raffled off for local school sports teams. Vanessa was a well-regarded member of her community and always the first to offer a hand to anyone in need.

In 2002, at the age of 45 years old, she obtained her Associate's Degree from the University of Maine at Machias, but also had a life-altering stroke. She continued living in the community with her husband of 44 years, until his death in 2019. After his death, she split her time between her son and daughter's homes in the Lewiston/Auburn area until her move into long term care. At the Odd Fellows, she is a well-regarded member of the community, always the first to lend a hand or encouraging word. Despite her own challenges, Vanessa is a source of kindness and compassion to others. She continues to have a heart of a CNA, genuinely caring for her fellow residents and always having their best interests in mind.

Photography by Dianne Chicoine, West Gardiner

Hope Earley

Somerset Rehabilitation & Living Center, Bingham

Hope Elizabeth Sterling Henderson Earley, 98, was born July 31, 1921, 101 years after her great-great-grandfather Samuel Holden settled Moose River on the cattle trail, later to be called Old Canada Road and 201, 15 miles from the Canadian border. As a young girl, Hope lived in New Canaan, CT on the estate of the president of AT&T. Eventually, the family moved and started their own business and bought a home. When the Great Depression hit, the family lost everything they owned. They moved back to Moose River, where creature comforts were few and far between. They had no running water or electricity. It was truly survival mode. As a child, Hope missed one year of school due to scarlet fever, but she overcame the hardship and graduated from Jackman High School as Salutatorian.

World War II brought marriage, the birth of a son and a divorce. Her husband went off to war and was not the same when he returned. As a single mother, Hope worked as postmistress out of her father's house in Moose River. In 1953, the house/post office burned to the ground and Hope lost everything she owned once again. Hope managed to save all the mail and postal records. In 1955, the post office was discontinued so she earned her teaching certificate and taught high school for several years. Hope was very active in the community, teaching Sunday School, acting in local plays, playing piano and singing in the choir for church services. In 1960, Hope remarried and lived a more tranquil life. When her husband couldn't drive any more, she got her license to drive in her fifties. In Hope's seventies, she survived two mastectomies while taking care of her ailing husband. After his death, Hope lived alone into her nineties, under the loving eyes of her neighbors and family. In her 80's, she developed macular degeneration, which prevented Hope from enjoying her hobbies like playing the piano, reading, crocheting, knitting and gardening.



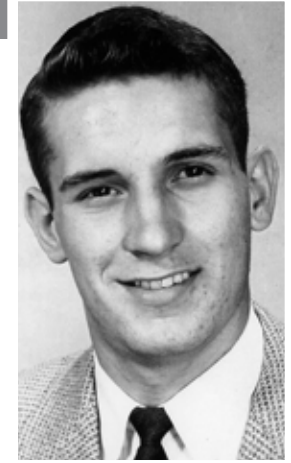
It is clear that Hope inherited the quality of survival from her 1820 pioneers of the Moose River Valley. This year, Moose River Valley will be 200 years old. Hope has been asked to participate in the festivities since she is the oldest living resident from the town her family settled. She and her family wrote a history of Moose River Valley that was published by the Jackman Bicentennial book committee. Despite countless sacrifices and illnesses, love, loss of love, loss of home and identity, Hope always put everyone before herself.

Photography by Monty Rand Photography, Bangor



Orville England, Jr.

Mercy Home, Eagle Lake



Orville England, Jr. was born in Williamson, Virginia. After graduating from high school, he worked as a miner as well as for a railroad company. At the age of 20, Orville joined the Air Force and was stationed at the Presque Isle, Maine Air Force Base. It was there that he met the love of his life Nancy. They have been happily married for 65 years. In 1957, he transferred to the Dow Air Force Base in Bangor. Orville and Nancy's daughter Tammy was born in 1960. He retired from the Air Force in 1983 and went on to work for Cianbro Corporation as an electronic technician for about 20 years until his retirement.

Orville was very active with his local community in Aroostook County. He was one of the men who developed and started the Spud Speedway where he raced as car #13. He also helped establish grass racetrack racing at the Presque Isle fairgrounds. Orville helped start the All New England Snowmobile racing at the fairgrounds in Presque Isle. He was an active member of the Masons and the Elks Club, though he is most proud of his participation with the Shriners. He was in the Shriner Oriental Band for many years before becoming a Shriner clown. Over 40 years ago, Orville established the local Shriner Clown group known as Rainbow where he was the only clown for five years. Orville got his clown name from some students at the Opportunity Training Center in Presque Isle, and if you talk to any one of those students, they still know who Rainbow is. As Rainbow, he was a big part of the circus, many local events, and parades, and has visited many children's programs and nursing home residents. Orville had a special talent for creating balloon characters. He brought joy to many people in the County before he retired as "Boss Clown" in 2018. When presented with a red squishy nose, Orville still knows just what to do.

Orville loved to spend summers at his camper on St. Froid Lake. He is the proud grandfather to two wonderful grandkids and the great-grandfather of one great-grandchild. He enjoys being able to spend time with his grandchildren along with his wife and daughter.

Photography by Bespoke Photographer, Limestone

Schuyler Fairfield, Sr.

Chase Point Assisted Living, Damariscotta

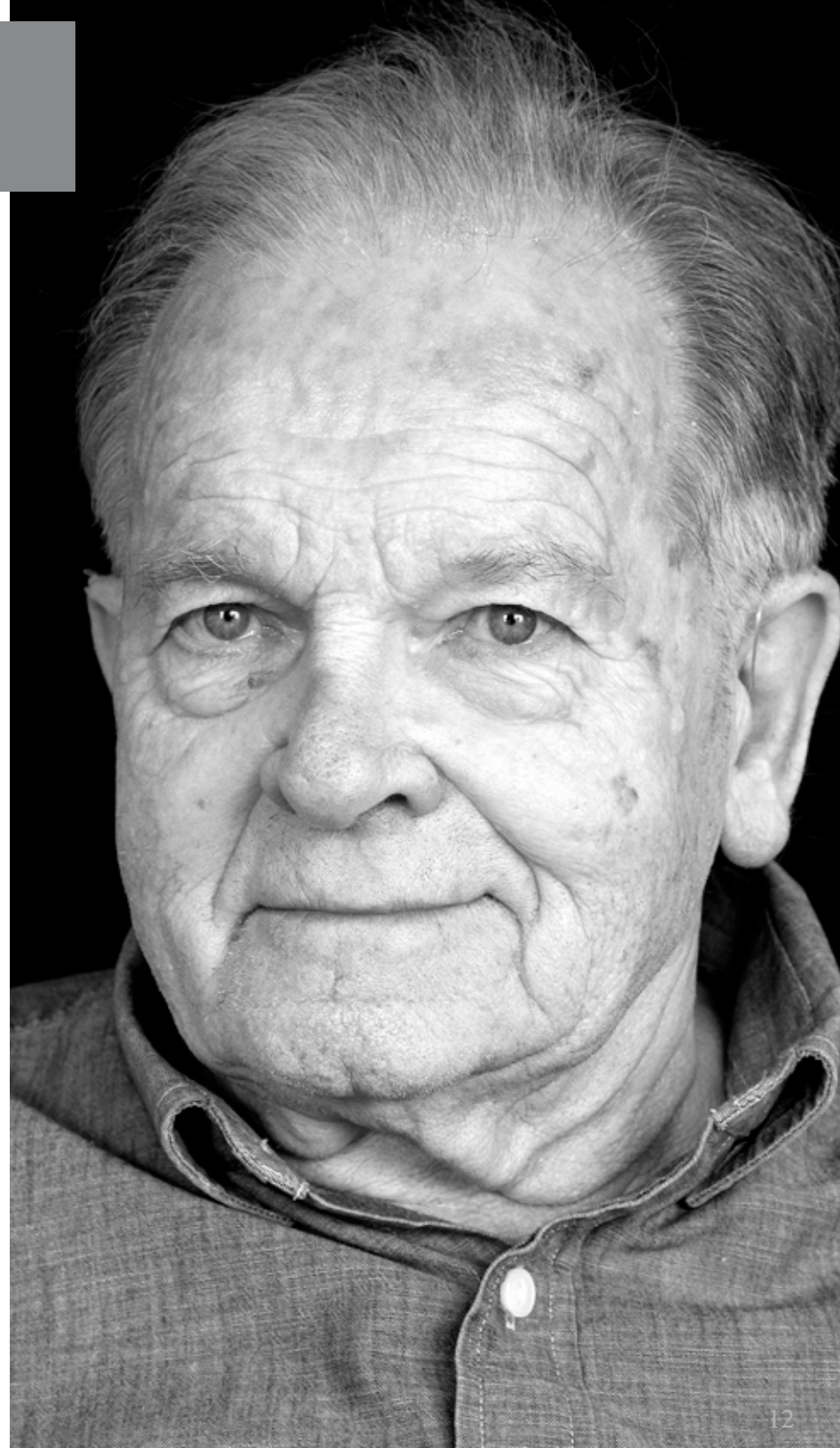
Schuyler Fairfield, Sr. is 89 years old and was born and raised in Maine. Schuyler's background is that he owned and operated Fairfield of Wiscasset Signs, serving the Midcoast Area for over 55 years. Schuyler's work over six decades left his imprint across Maine in the thousands of custom-made signs he created that often reflected the changing landscape of the times. From the early years of billboards, to the more modern age of computer graphics, Schuyler strove to keep up with the evolving technologies related to his craft in order to remain competitive. Customer service was paramount to the success of his business and he worked hard to ensure each customer's satisfaction was met. Schuyler's work could be seen on the backs of local lobster boats as well as luxury yachts, the side doors of trucks, and on the thousands of signs that he made for local businesses and communities across the area. Many of these signs remain today across Midcoast Maine.

For his work and long standing dedication to the Wiscasset community, he was awarded the "Business Recognition Award" by Wiscasset in 2012. One of Schuyler's more recognizable signs is the "Welcome to Wiscasset: The Prettiest Village in Maine" sign, seen by thousands of motorists on Route 1 each year. It is fitting that it was one of the last signs produced, with the help of his daughter and grandson, before he retired and closed Fairfield Signs. He worked well into his 80's before retiring in 2016.

Besides being a strong member of the business community, Schuyler raised his family in Wiscasset, and was quite active in the community. He served for over 30 years as Sign Control Officer. He was a Charter member of the Wiscasset Yacht Club, a founding member of the Wiscasset Area Lions Club, a Mason, and served as a School Trustee for the Wiscasset Schools. Besides his work in the sign industry, Schuyler was also a talented artist and regularly showed his paintings at the Maine Art Gallery in Wiscasset.

At Chase Point, he is better known for his interest in singing and music than his career as an artist. He often reaches out to new residents, encouraging them to participate in the many music and social events.

Photography by Dianne Chicoine, West Gardiner





Maura Flaherty

Pinnacle Health & Rehab, Sanford

Maura Flaherty, 77, was born in Watertown Massachusetts in April of 1942. At the age of 24 Maura's mother proposed the idea that Maura was to remain living at home until she was married. Maura, who was a bit unconventional for her time, knew she was not interested in marriage but instead had a strong yearning for adventure and knowledge. She made the brave and independent decision to choose otherwise, which marked the beginning of a long interesting lifestyle filled with travel, life experiences and an awakening of self-growth.

Maura applied to the U.S. Foreign Service Division knowing this would provide her with an opportunity to travel and experience other cultures. She was hired as a Legal Secretary and assigned to the Consulate in Alexandria, Egypt. Her role provided her with the opportunity to work directly with leaders of Congress and other prominent individuals. Maura recalls meeting actor Marlon Brando at the Consulate when he was in Egypt working on a fundraiser. Maura was next assigned to India where she lived for 2 years. She wasn't frightened or nervous about travelling to Egypt and India, but rather enjoyed living in the moment and immersing herself in the cultures.



Maura moved back to the U.S. where she worked for a Judiciary Sub-Committee of the House of Representatives in Washington D.C. She returned to a country she did not recognize, filled with political turmoil and rioting in the streets due to the assassination of Martin Luther King. Maura quickly realized that she needed to change course so she left the State Department and, along with a few other individuals, founded the "Congressional Action Fund," which focused on raising money for anti-war candidates. She worked for National Geographic and the Center for Law and Social Policy. Maura eventually retired to Portland where she became very active in local politics and volunteered with the Portland Democrats. Maura also made donations to many Maine groups such as the Gulf of Maine Institute and to the local library in support of its programs geared toward helping the homeless.

Maura has had many experiences and seen many places, however, it is clear that her time in Egypt and India were her most influential. She was able to make a return trip to visit both countries on a bird watching excursion. When asked what experience remains the most impactful, she says that when arriving in India, "There was beauty in the lifestyle despite the poverty. Everyone was dancing, happily making the best of what they had. Living in another culture changes who you are."

Photography by Wyndee Grosso Photography, Westbrook

Frances Glazier

Ross Manor Continuing Care Community, Bangor

Frances “Fran” Glazier was born and raised in Brooklyn, New York. After graduating from Lafayette High School, she attended CCNY. After graduation she worked as a bookkeeper. One summer, while visiting her sister Ruth in Bangor, Fran met her late husband, Neil Glazier. It was love at first sight! They were married after a short engagement and remained married for over 50 years! They made their home in Bangor where they raised three children. Fran was an active member of the Bangor community, volunteering with numerous local and national organizations including Beth Israel Synagogue Sisterhood, EMMC Auxiliary, Chevra Kadisha, Bangor Nursing Home, St. Joseph’s Hospital Auxiliary, Hadassah, Cedars (Portland) ORT and the Jewish National Foundation. Lastly, she was also the President of B’nai B’rith Women’s Pine Tree Chapter.

Fran would likely say one of her proudest achievements in life is her family. She has three children, nine grandchildren, and 17 great grandchildren. As a mother, Fran was notorious for being involved with all of her children’s school activities and community organizations. Fran became a Girl Scout Troop Leader and played an active role at the family synagogue. Fran became an excellent cook. Her recipes are still enjoyed by her family today! Fran was always considered the “hostess with the mostest!” She was incredibly stylish and a great seamstress. Fran had many hobbies, which include reading, listening to music, knitting, golfing, gardening, playing bridge, and baking. Fran loved to play bridge and was an excellent golfer. She won a few tournaments throughout the years as well as Mahjong. When she wasn’t on the golf course, she would watch the game on tv. Her grandchildren often tell her that she would make a wonderful commentator for the sport. Even at 94, Fran continues to care for others living at Ross Manor. If she notices a community member attempting to stand from their wheelchair when she is aware they shouldn’t be, Fran will quickly urge them to “sit down”, to “wait for help, or you’re going to hurt yourself.” Although her mind is not what it used to be, Fran continues to enjoy conversation with other residents as well as daily visits from her family. Her irresistible humor for life and ageless grace continues to radiate through her smile and disposition.



Photography by Monty Rand Photography, Bangor





Ralph Gould

Schooner Estates Senior Living Community, Auburn

As a child, Ralph Gould was an active member of the Boy Scouts, attending Camp Hinds for four summers until becoming a Jr. counselor. At 18, Ralph began working for the family business, Gould & Scammon, Inc., a manufacturer of shoe components in Auburn. He would soon enroll at the University of Maine and in his sophomore year, joined the Army Air Corps Aviation Cadet program, graduating as first pilot in 1944. He served in Europe as a B-26 Marauder bomber pilot. In post war 1946, Ralph became a reserve officer and remained in standby reserve for 10 years. Shortly before resigning from the military, he was promoted to Major in 1956.



After his service in WWII, Ralph resumed his studies at the University of Maine as a member of the Alpha Tau Omega fraternity. He was elected Worthy Master for the 1947 – '48 academic year. In 1948 he married Hazel Hayman, an RN whom he'd had his eye on since high school. Together they raised their children, David and Barbara. Living in a home on the lake, Ralph was a long-time member of the Taylor Pond Yacht Club, where the family raced sailboats, as well as being a water tester for the Taylor Pond Association. In 1958 Ralph became president of the family business and held the title until the business was sold in 1983. He remained active with the successor corporation until his retirement in late 1990. Ralph was active in Kora Temple leadership and in 1958 he was asked to become the Kora Potentate's appointee as outer guard. It was a busy nine years, culminating with his year as Potentate in 1968. Later he served as Director of the Jesters in 1974. He was a member of the Tranquil Lodge of Masons and the Scottish Rite Bodies as well as a Most Wise Master of Rose Croix in 1966-'67. An avid skier, Ralph was one of the founders of the "Washingtonians", a ski group that began with local families skiing in Quebec on Washington's birthday in the early '60s. Ralph continued his love of skiing and these trips until he was 90. Ralph was a forty-year trustee of Central Maine Medical Center, serving on the Development Committee for CMMC and Central Maine Healthcare and was the first chairman of CMH in 1983. In 2018, after Hazel passed away, the Hazel Hayman Gould Center for Interprofessional Education was formally established with the mission of positively influencing patient care, patient outcomes, and healthcare professionals' work experiences. Ralph was a trustee at Hebron Academy for ten years, director of Northeast Bankshare, Norstar Trust Co and the pre-merged banks. He served on the Fee Arbitration Committee of the Maine Bar for six years. Strong in faith, Ralph is a member of the High Street Congregational Church.

Photography by Dianne Chicoine, West Gardiner

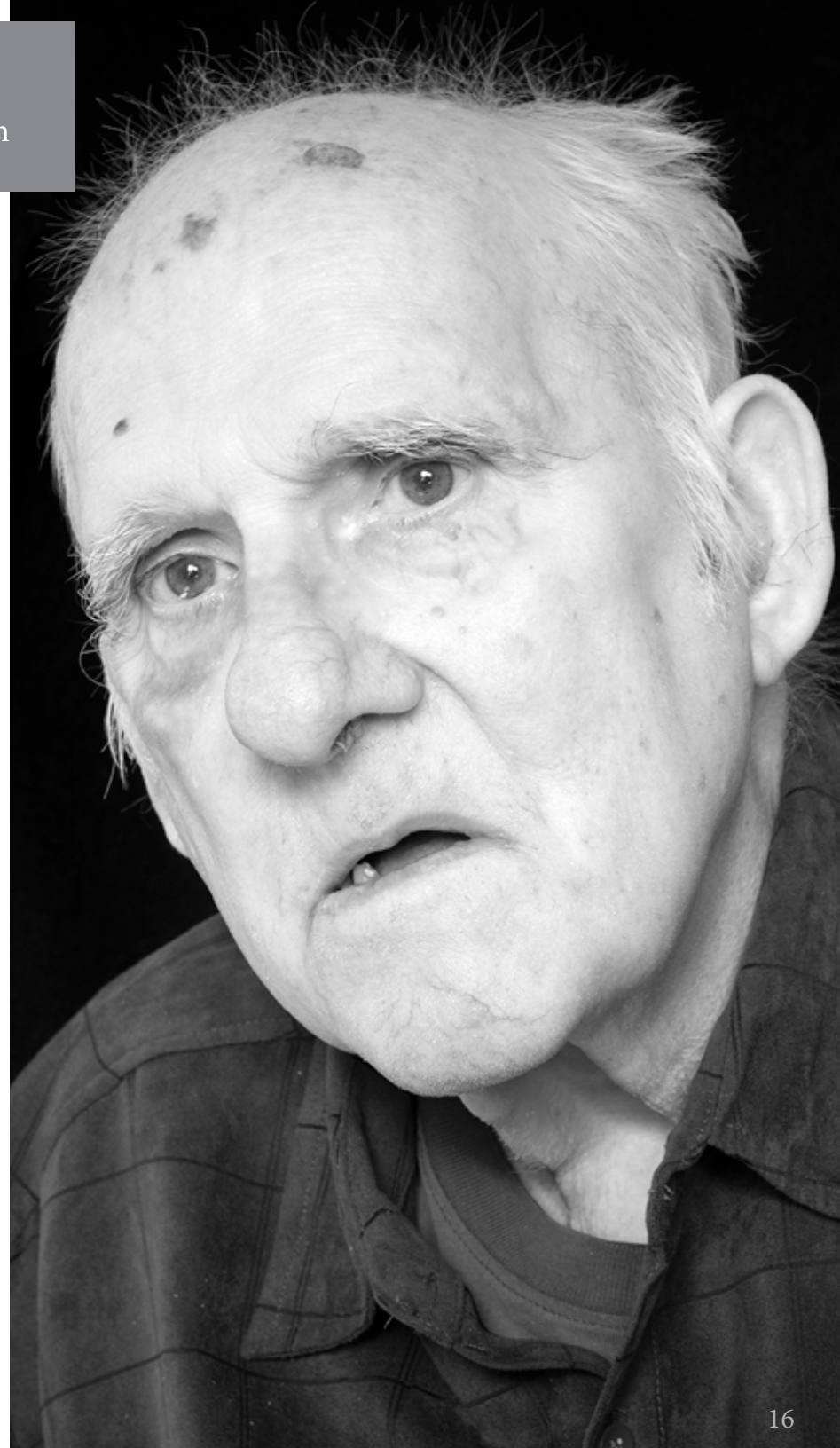
Jay Hamilton, III

Winship Green Center for Health & Rehabilitation, Bath

Jay Hamilton III, was born February 18, 1939, the oldest of 8 children. Growing up on a farm in East Brunswick, Jay was his father's right hand man, delivering milk for Oakhurst on a sled. Jay graduated from Brunswick High School in 1957 and went on to graduate from the University of Maine at Machias. He received his Masters degree in Education from the University of Maine-Gorham in 1971. In 1960, Jay played 2 years for the semi-pro football team, the Portland Sea Hawks. He also played 2-3 more years with the Tri City Chargers in New Hampshire. For 20 years, he held teaching and administrative positions in Phippsburg, Rockland and Oakland. He taught 6th through 8th grade at Rockland and Oakland while coaching football as well. He then spent 15 years as the Principal at Phippsburg, while coaching the boys and girls basketball teams. In 1975, he coached the Phippsburg girls Junior High team to a championship. Jay retired and left all of that to focus on restoring and selling antique cars and trucks. He bought his first car, a Model-A coupe, at 16. Though he had to sell it to complete his degree at the University of Maine at Machias, he said he knew then that the car bug had bit him. He owned a car lot in Bath and went into the antique car and trucks business. Jay dealt almost exclusively in early American cars. Every year he attended at least 4 auctions or auto meets all over the country, where he swapped, displayed and shopped for cars. Though he owned a 1933 Woody Wagon that once belonged to the Charles Lindbergh family, his favorite car was a 1939 Ford convertible featuring a rumble seat. Jay owned 1 of the only 5 originals left of a 1933 Chevy Phaeton. There were only 543 made. His car won the 1976 Antique Car of the Year award in Maine. A Model-A Roadster he owned was featured in the opening scene of the 1967 movie, Bonnie and Clyde. Jay also found time to go tuna fishing, catching a 600 lb tuna once. He hauled a few lobster traps, caught quahogs with tongs and sold sea moss to local wharfs for 42 summers in Cundy's Harbor. He thrives on spending time with his family, watching football and sitting outdoors on beautiful days. Jay is a proud father of a son and a daughter and has 5 grandchildren. When asked, Jay will tell you he is most proud of the time he spent teaching and the impact he had on the students in his school system both academically and through athletics.



Photography by Dianne Chicoine, West Gardiner





Barbara Harris

Maine Veterans' Home, Scarborough



Barbara Harris was born in West Enfield, Maine, in 1923, into a large family with six brothers and sisters. While in primary school Barbara, a natural athlete, cultivated a passion for sports, specifically basketball, field hockey and lacrosse. From this point on, sports and physical activity would be a guiding influence in her life. Following her basic education, Barbara went to college at the Bangor Maine School of Commerce (now Husson University) and acquired a Bachelor's degree in Physical Education. In 1991, she was inducted into the Women's Basketball Hall of Fame. When Barbara graduated from college, in 1943, she joined the Navy, where she worked as a secretary to a Chief Accountant during World War II. She completed three years of service, and left the Navy in 1946. Subsequent to leaving, she had a fantastic opportunity to teach at one of the nation's top private women's colleges, Sweet Briar College, in Sweet Briar, Virginia. She taught physical education there for a few years until she met her first husband, Lyman Lamson, and moved back to Maine to be with him. They had four children together.

When Barbara settled back in Maine, she began working towards another one of her passions, her faith. It was then that she would become a co-founder of Camp Good News in Livermore Falls, a camp that is still up and running to this day. These are the years Barbara looks back on the most in her life. She saw this profession as a way to combine her passions: teaching, love for the environment, writing and God. Barbara's love for creative writing shined brightly during her time at the camp. It was here she created a character called "Eco" (short for Ecology) who assisted in her lessons about nature. Barbara still has a magazine of her work about Eco titled "Eco's Poems and Others Relating to God's Great Creation." Barbara developed a passion for the environment and outdoors at a young age. While studying for her college degree, she designed, built and furnished a log cabin by herself, in the woods of her hometown, calling it "Wakullacoa." She did this, despite having no construction experience, saying "the Lord told me how to do it." The stunning log cabin would be a gathering point for many of her friends and family during her college years. Barbara married Clinton Harris three years after her first husband passed away. Together they built a second full sized home in Auburn. Barbara did all of the architectural drawings and designs for this home, an accomplishment she is quite proud of. Barbara currently resides at the Maine Veterans Home in Scarborough, where she is humble about all of her great accomplishments and her wonderful life. She enjoys reading, puzzles, adores all kinds of dogs, and spending time with family.

Photography by Wyndee Grosso Photography, Westbrook

Alice Keddy

Gorham House, Gorham

Alice Keddy was born August 17, 1926 and was raised and educated in Bethel, Maine. Graduating from Gould Academy in 1944, she was active in band, chorus, basketball and hiking club. Alice graduated from Central Maine Hospital in Lewiston, in 1947, and became a Cadet Nurse. Her first war time assignment was at the Skowhegan Redington Memorial Hospital. When the Cadet Nursing program dissolved in 1948, she passed her board exams to become an RN. Alice married her husband Royden after his return from WWII. She worked as an RN at the Peter Bent Brigham Hospital in Boston while Royden studied law at Harvard. For a time, they returned to Bethel to allow Alice to care for her ill father-in-law until he passed. Eventually settling in Portland, Alice was hired as a private duty RN working at Maine Eye Care, the Osteopathic Hospital and in Maine Medical's Pediatric unit. She cared for children during the polio epidemic and was, often, assigned to treat children using the iron lung method. A very high risk position, she donned a gown, and was covered from head to toe for protection. Her interest in research and longing for a cure was realized when Jonas Salk discovered the polio vaccine. Alice became a full-time mom when her daughters Kathy and Carole were born. As parents, Alice and Royden nurtured their daughters in a life enriched in faith. Strong roots of family and friendships were simply a way of life. Many friends and family have passed on, over her 93 years, but the circle of life continues to grow with Alice's two grandsons, a granddaughter and two great-grandsons. Alice served as volunteer coordinator of the Medical Loan Closet for the Town of Gorham, for 58 years, and still receives phone calls to this day. She is a 50-year member of the Gorham Woman's Club, volunteered at the First Parish Congregational Church, and assisted with the Baxter Memorial Library Books for Tots program, where she was a board member for many years. Alice and Royden had a marriage made in heaven. They enjoyed traveling and took yearly trips with the children to Mahone Bay, Nova Scotia, Bethel or anywhere to visit family and friends. Together they experienced Europe, seeing the beauty of countries Royden saw during the war. Wintering in Arizona were special times spent with Royden before he passed in 2001. Alice is a Red Sox fan and has enjoyed visiting training camp, in Florida, the last several years. It's no surprise that Alice continues making new friends and spending time with two of her lifelong pals, who live in her unit. With a twinkle in her eye and a smile upon her face, there's a place in her heart that longs to be back in Florida, for Red Sox training camp, as well as back in her home, where she made her legacy in the town of Gorham for 65 years. *Photography by Wyndee Grosso Photography,*



Westbrook





Joan Lewis

Fallbrook Woods, Portland



Trying to keep up with Joan Lewis is paramount to capturing glimmers of sunshine dancing on a lake. Born in October of 1922, in Montreal, Canada, Joan and her three siblings enjoyed an idyllic and privileged childhood. Her fondness of the outdoors, animals, birds, sports, art and gardening were evident during childhood. Joan enjoyed having many animal companions over the years, including a baby skunk. Joan learned to ski at an early age and, as a young wife and mother, continued to enjoy the sport with her children at Sugarloaf, where Joan and her husband were members of the Ski Association. Summers in Eastern Township, Canada, at lake Memphremagog, cemented her appreciation for the outdoors. Joan attended boarding school in Canada with her beloved horse “Ivanhoe” in tow. Together, they won many ladies competitions. To the chagrin of officials Joan announced, with hands on her hips, that she wanted to compete against men in all competitions, including dressage and jumping. She truly was a champion horseback rider and continued riding well into her 60’s. Joan and her brother Peter joined the Canadian Military Service. She became a Wren, part of the adventurous and newly developed Woman’s Royal Canadian Naval Service and, during WWII, was sent to Washington, DC, to work deciphering coded transmissions sent between the allies. Her daughter shared that Joan claimed to be in NYC and witnessed the famous Times Square photo of a sailor and a nurse entitled “The Kiss” as it was happening. Joan met her husband Phil through an arranged marriage and, in 1956, permanently moved from Montreal to the U.S. They settled in Massachusetts, where Joan took the train to Boston for her job as a lab tech. Joan and her husband, with their two children, Leslie and Brian, later moved to Greater Portland. Joan took classes in art, antique glass and mechanics (she wanted to be able to change the oil and tires on her own car and not have to rely on anyone else). From Falmouth, Maine, she sailed the New England coast, going out with her children for weeks at a time, on a 60 foot sailboat christened “The Dragon Fly.” She was a member of the Maine Audubon Society. For eight years, she volunteered as a “candy striper” at Maine Medical Center. Joan spent 42 years volunteering as docent at the Portland Museum of Art and, to this day, continues to create lovely pieces of art. At the age of 57, Joan traveled around the world (China, Nepal, New Zealand and Africa) with her mother and aunt. At the age of 81 she went to the Galapagos Islands, birding, camping out and backpacking with the Canadian Army. This kind, witty and talented woman is a valued community member, leader, friend and teacher.

Photography by Wyndee Grosso Photography, Westbrook

Mary Lord Brown

The Enclave of Scarborough

Mary Lord Brown was born in Orange, New Jersey on February 29, 1932. Her family settled in Kittery in the late 1600s. Mary has led a life dedicated to the things most important to her such as travel, volunteerism, nature/animals, education, family and health. These adorations have influenced her many life choices and have provided her with opportunities to serve the greater good. Mary graduated from Cornell University with a BS in 1954. In her 30s she worked for the YMCA in Newark, NJ, as Director of Youth and Adult Programs and Camp Director. In 1968, she continued her education at Springfield College, earning a Master's degree in education. Upon graduation, Springfield College offered her a job in the health and humanities department, where she worked as Associate Professor of Human Services until her retirement in 1992. From 1962 to 1964, Mary was a Peace Corps volunteer in a community development in Ecuador and continued volunteering after her Peace Corps days, including service to Habitat for Humanity as well as Oceanic Society. Whether traveling as a volunteer, or for pleasure, Mary had memorable experiences that included observations of animals and the natural world. She has traveled extensively, visiting 49 U.S. states and six continents. She was also an active member of the Appalachian Mountain Club, in which she spent her time hiking several scenic areas of New England.

Mary spread her enthusiasm for volunteerism to her students. At Springfield College, she spearheaded an annual United Way campaign and was honored for raising more funds than any year prior. Within her western MA community, she wore many hats as a volunteer: ESL tutor, science museum docent, AIDS Project volunteer, Council on Aging volunteer, Meals on Wheels volunteer, and dog walker for the Humane Society. In her home at the Enclave, she serves as one of the community's "Resident Advisors," helping incoming residents adapt. She continues to give charitable contributions to humanitarian organizations that touch her heart. In retirement, Mary began drawing and painting and continued her commitment to fitness. She rescued a toy Australian shepherd named Angel. Mary is the proud aunt to five nieces, for whom she has been a superb role model. She is a valued and beloved member of her family. Mary has worked diligently to recover from an illness she experienced in March of 2018. Her commitment to regaining strength and skills has been an inspiration to many. Mary has remained positive through it all and is greatly admired by her fellow residents and staff.



Photography by Wyndee Grosso Photography, Westbrook



Robert Lovely

Maine Veterans' Home, Caribou



Robert "Bob" Lovely, was born in 1925 in St. John, New Brunswick, Canada, the oldest of two children to Orin and Louise Lovely. His family moved to Westfield, Maine in 1937, where they began potato farming. Bob enlisted in the Navy in 1942, during the second World War, while he was a sophomore in high school. He remained in inactive duty status, until he was called up to active duty in 1943. Bob attended basic training at the Sampson Naval Training Base in New York. His first order was to travel to Washington State to pick up the ship, the U.S.S. Cecil. His rank was (SFC) Seamen First Class, Amphibious force. Bob recalls setting off for his first mission of combat in Iwo Jima, a volcanic island 9 miles long, and then Okinawa, the Philippines, and Subic Bay. He recalls traveling with famous photographers during this time. One was Joseph John Rosenthal, the American photographer who received the Pulitzer Prize for his iconic World War II photograph, raising the flag at Iwo Jima. Bob was fortunate enough to have been present and witnessed this great event. The other was a journalist, Ernie Pyle, who went on to report the naval action during the largest amphibious assault in the Pacific Theater during World War II. Bob was honorably discharged from the Navy in 1946. He received several medals, including the American Campaign Medal, Asiatic/Pacific Theatre Mission Medal, Asiatic/Pacific Occupational Medal, Philippine Liberation Medal, Pacific Victory VJ Medal.

Bob returned home to Westfield, Maine, where he worked alongside his father, potato farming. Shortly after that he met the girl of his dreams, Jackie Muriel Robinson. They settled in Presque Isle where they raised their only child, James Michael. Bob considers this to be his greatest accomplishment. He worked at a gas station on the old Air Force Base in Presque Isle before working in maintenance for the Presque Isle Housing Authority. Bob enjoyed gardening and building things with wood, especially bird houses. He was a member of the Fish and Game club. Now Bob's favorite pastime is reading. He enjoys music and watching old westerns on TV. Bob is a Red Sox fan and shares that he adores the staff at the Maine Veterans Home in Caribou, where he resides.

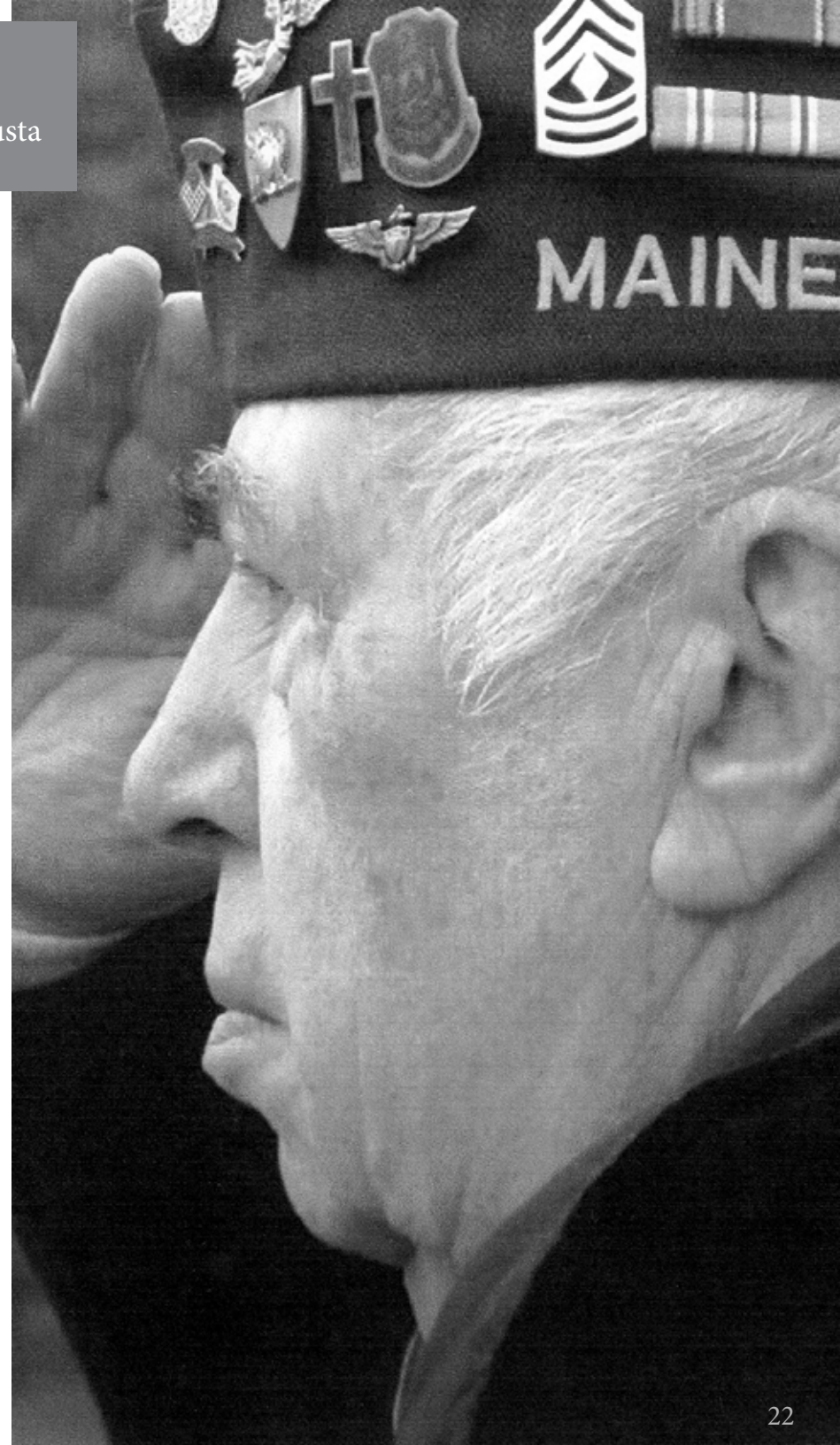
Photography by Bespoke Photographer, Limestone

Lincoln Luken

In Memoriam

MaineGeneral Rehabilitation & LTC at Glenridge, Augusta

Lincoln Luken enlisted in the United States Navy in 1941, immediately, upon graduating high school. He served his country in the Pacific Campaign and was stationed at Brunswick Naval Air Station as a trained observer aboard the P3 Orion Air Craft. Lincoln searched for enemy submarines and other enemy activity. He also served as a Military Policeman. Lincoln entered WWII an eighteen year old boy and, several months after the war ended, was honorably discharged as a man. He was called back to active duty during the Korean War, where he was stationed aboard the U.S.S. Pine Island. Lincoln went on to serve many more years in the Naval Reserve, achieving the rank of Master Sergeant. His service to his country continued through his lifetime membership of the American Legion Post #4 and the Gardiner V.F.W. Lincoln was the chaplain of the local chapter. He was instrumental in putting a memorial in the cemetery on Highland Avenue in Gardiner, Maine. Lincoln was a regular at the annual Memorial Day parade and was proud to be chosen, one year, as the parade's Grand Marshal. Lincoln was also chosen as Veteran of the Year. Lincoln met the love of his life, Kay Gingrow, in 1945 and they were married for forty-two years. Lincoln and Kay have seven children, ten grandchildren and six great grandchildren. He coached youth leagues in sports. He was a scout leader for many years and opened his home to many youth, over the years, who needed a place to stay for different reasons. Lincoln is a seventy year member of Saint Joseph's Church in Gardiner, ushering for over fifty years. He is a life time member of the Gardiner Knights of Columbus and is currently their oldest member. Volunteering with the Knights, Lincoln always enjoyed the Tootsie Roll Drive as well as packing and delivering the annual Thanksgiving and Christmas food baskets, complete with gifts and toys for the needy. He was a long-time member of the Kennebec Historical Society. He spent many years on the MSAD 11 School Board and the Gardiner Planning Board. Lincoln was very involved with the Gardiner food bank, Chrysalis Place, serving as director in the early years. Lincoln was self-employed as owner of Central Maine Business Machines in Augusta for forty years. Lincoln loved to draw, sketch and paint, but his greatest joy is photography. Lincoln has some very moving pictures of ground zero in Hiroshima. He was the Gardiner Area High School football team's unofficial team photographer for several decades. Lincoln was able to attend a Gardiner versus Cony Football game, with a staff person, recently and was delighted when the Gardiner team won! Lincoln has always lived by a few simple rules: Love God and do His work, take care of your family, and serve your country and community. *Photo Supplied by Family*



Bertrand Mathieu

Marshwood Center, Lewiston



Bertrand “Bert” Mathieu was born in Lewiston, Maine. At the young age of 14, he quit school and went to work in the shoe industry. In 1936, he joined the Maine National Guard. Bert served in the Battle of the Bulge in 1944, landing on Omaha beach as a member of the 32nd Cavalry Reconnaissance U.S. Army Squadron.

Returning to Lewiston in 1945, he returned to work in the shoe industry. Bert worked for Compo Shoe Machinery for 42 years. He repaired televisions at his home and was a licensed electrician. In 1967, he went back to school to earn a Basic Adult Education certificate. Bert and his first wife had two daughters but, sadly, his wife passed away in 1997. He later remarried and his second wife passed away in 2004. After his retirement, he worked part-time at Pamco Shoe machinery until 2015.

Bert was an active member of the American Legion, Post 22. He attended many veteran funeral services and played taps on his harmonica. In 2016, he participated in Honor Flight. Bert has received honors from the Congressional Record presented by Michael Michaud for his commitment to his work in the shoe industry. He also received recognition from Olympia Snowe and Susan Collins for his outstanding work. Bert was presented with a letter of Proclamation for Zest of Life from Lewiston Mayor Robert Macdonald and Auburn Mayor Jonathan LaBonte.

In his home, at Marshwood Center, Bert enjoys music and dancing and continues to play the harmonica. He enjoys participating in the activities offered and loves a good game of Yahtzee. With the Activity Director, Bert likes to share names of performers who, he feels, would be entertaining for his fellow residents and he has always been right! He shares his sweets with everyone and often gives out cards for special occasions.

Photography by Dianne Chicoine, West Gardiner



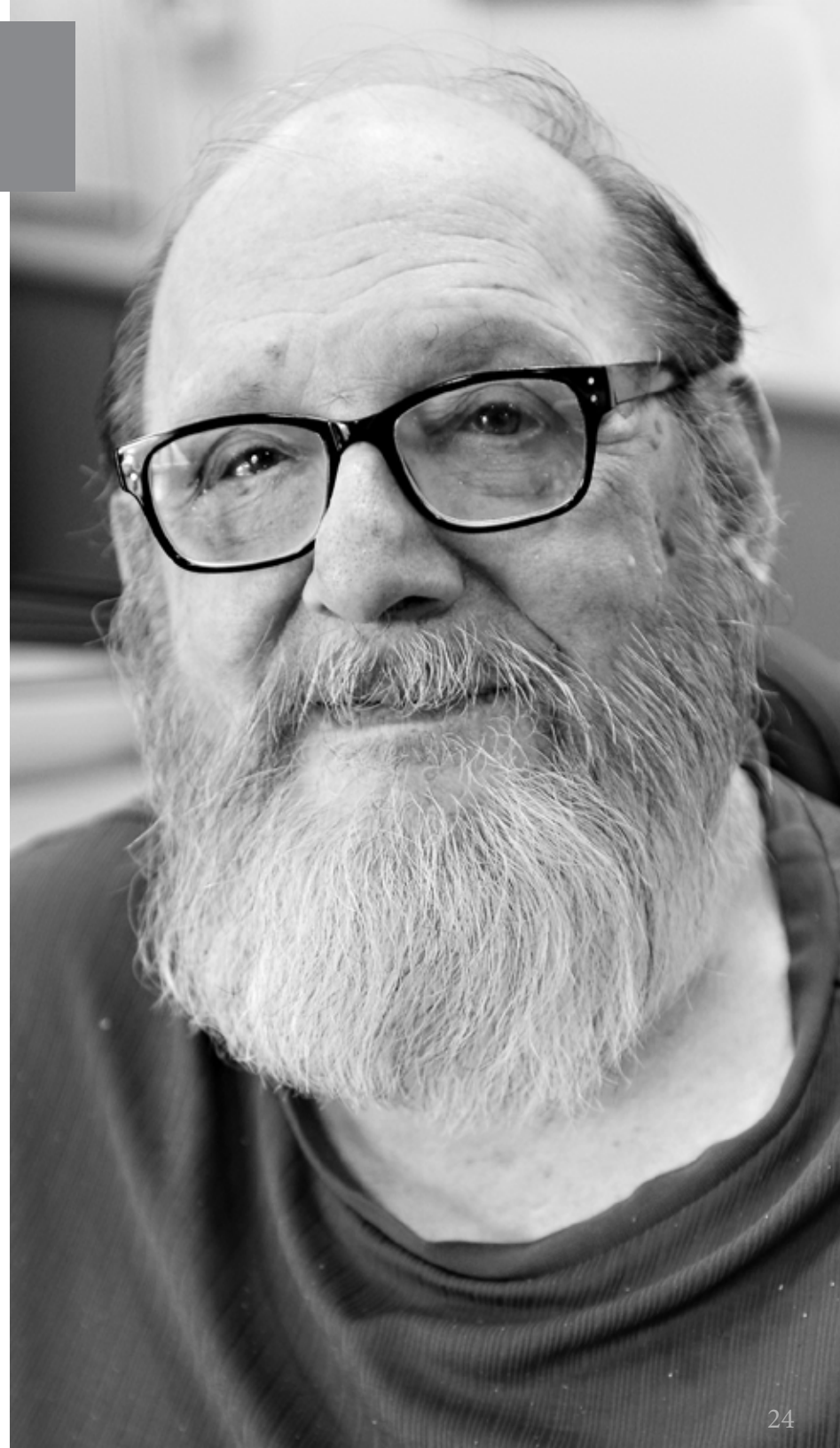
Alex Mills

Barron Center, City of Portland

Alex Mills was born on a farm in Brunswick. Alex has always loved being around, and helping, people. He was in the first junior high school band to play at a presidential inauguration, which was for President John F. Kennedy. Alex earned his Eagle Scout award in Boy Scouts. After he graduated from high school, he began working at Bowdoin College washing windows. Alex was promoted to a maintenance worker and spent a few years in that role. He took a job working for the Sheriff's Department directing traffic but, after one week, would go on to join the department as a Police Officer in Portland. In 1973, he married his wife, Lynn, and took on her two children as his own. They lived on Peaks Island for 43 years and, during that time, Alex worked as a Police Officer in Portland and a Patrol Officer on Peaks Island. He has endless stories of life as a Police Officer! After retiring from the Police Department, he became a security guard at 75 State Street, an assisted living home in Portland, where he served for 14 years.

Alex then moved to the Barron Center, where he has resided for the last 6 years. Alex hasn't stopped caring for people. He has been the president of the Resident Council for three years and serves on the Safety Committee. Alex patrols the building, in the late night and early morning hours, reporting to staff any unsafe conditions. He makes sure the residents know what's happening in the activity department, assists residents playing Bingo and other games, takes care of the most vulnerable residents, delivers mail all over the building, and is always ready for a game of triominos or cribbage. Alex has been a friendly and kind face in Portland, and on Peaks Island, for close to 50 years and is well loved by all at the Barron Center.

Photography by Wyndee Grosso Photography, Westbrook





Bernadette Mynahan

DLTC Healthcare/The Lamp Memory Care Center, Lisbon

Bernadette Mynahan, lovingly known by her family and friends as “Bernie” or “BB” spent her early years in New Hampshire and attended Pembroke Academy where she was inducted into the National Honor Society. Upon graduation, Bernie received her nursing degree from the School of Nursing at Central Maine Medical Center (CMMC). She worked as a Registered Nurse and night supervisor while at CMMC, and eventually worked for the State of Maine’s Department of Human Services as a consultant for nursing homes throughout the state. Bernie spent many years devoted to helping others – even returning to CMMC as a volunteer following her retirement.



Bernie is an avid outdoor enthusiast and has lived an active life. She has always loved adventures and spending time with her husband Timothy and sons Patrick, Timothy, and Joseph. Together they explored new areas while camping, hiking, snow shoeing, cross country skiing, and downhill skiing. She and Tim even climbed Mount Katahdin, Mount Mansfield in VT, and Mount Washington in NH. Her love for family has been of primary importance to Bernie. Family has always come first. She and Timothy raised three sons, and today they enjoy spending time with their four granddaughters who absolutely adore their “BB.”

Bernie’s determination and strong will helped her family get through very difficult times - especially through the loss of her two sons. In 1992, the family established the Timothy J. Mynahan Foundation. Bernie organized an annual golf tournament to raise money for a scholarship fund, a \$2500 scholarship was awarded to a local graduating senior and donations were made to several youth programs.

A memorable quote from her high school yearbook reflects her true character: *“This petite miss is just as vivacious as they come. It is inevitable that Bernie will achieve success, for with her many assets, how can she miss?”*

Photography by Dianne Chicoine, West Gardiner

Armond Norton, Sr.

Market Square Health Care Center, South Paris

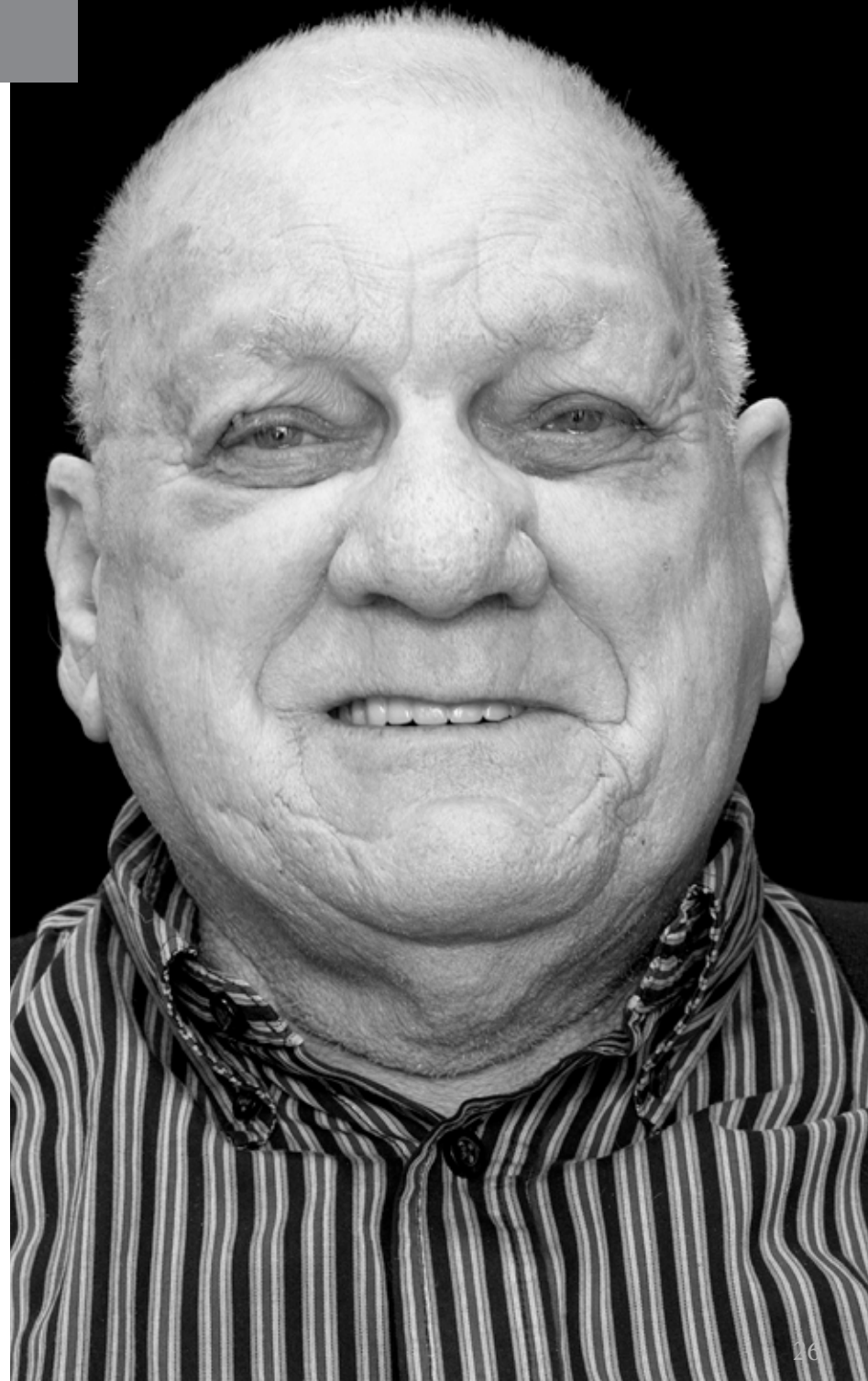
Armond “Sonny” Norton was born and raised in the Oxford Hills Community, one of fourteen children. Sonny, like many of his generation, did not go to school past the eighth grade. In 1955, Sonny married the love of his life, Shirley. Initially her parents did not approve of their relationship, feeling as though they were too young to be together. Despite this lack of approval, Sonny and Shirley would sneak out and meet up at a local dance hall. Things worked themselves out, as they will celebrate their 65th wedding anniversary this year! Sonny and his wife both live at Market Square Health Care Center and they enjoy daily visits.

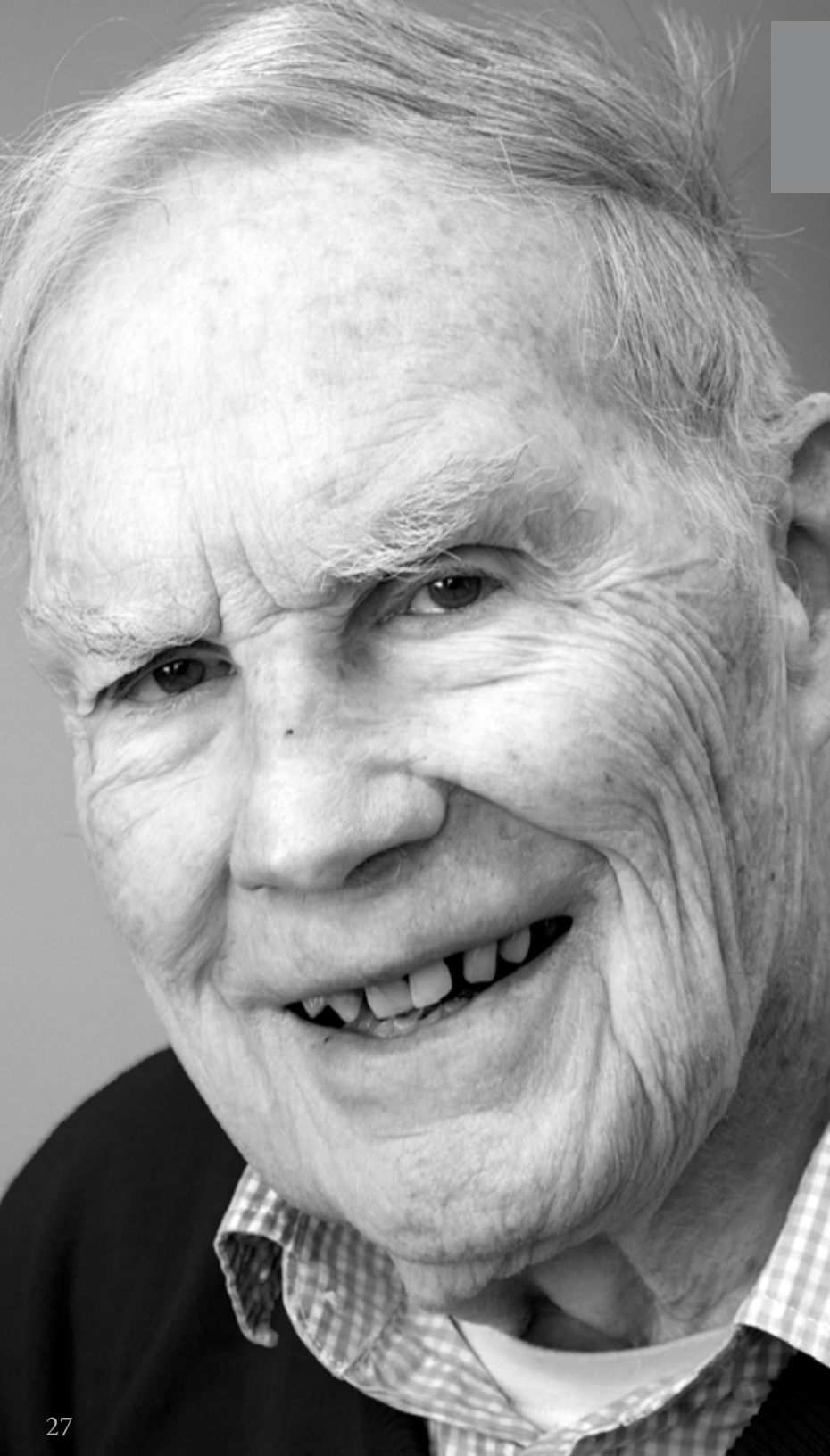
Sonny worked for many years at A.C. Lawrence Leather Company before leasing and running a local car wash and filling station. Sonny, alongside his wife, ran Sonny’s Car Wash for over 30 years. Though the appearance and ownership of the filling station has changed, it is still in existence and in business today. Sonny has several employees who became lifelong friends. When asked about his business and what he enjoyed most about it he says, “the people.” Sonny is proud to share that when he ran the business, every car that came through got their windshield washed and their oil checked. “That was just part of the service.” One story Sonny has told on many occasions is about how gentlemen, headed on a date, would stop in for gas only to tell Sonny they didn’t have the extra money for gas because they needed what they had for their date. When most business owners would turn them away, Sonny did just the opposite. He would pump a couple dollars of gas into their tank, knowing that he was creating a lasting customer, and they would pay when they could.

Sonny not only ran a successful business, but he also served his hometown as well.

Sonny held a seat as a selectman in the town of Paris for four years and served on the Budget Committee for three years. Sonny was also a part-time police officer in the Oxford Hills area. His son describes Sonny as hardworking, sharing that his father worked nearly every day whether for his business or in town service. Staff at Market Square describe Sonny as genuine, savvy, genial and caring. Sonny not only tends to the needs of his wife, but other fellow residents as well. Sonny has a great sense of humor and enjoys joking around with his friends and staff.

Photography by Dianne Chicoine, West Gardiner





William “Barclay” Palmer

Avita of Brunswick



Standing over six feet tall, William “Barclay” Livingstone Palmer is literally and figuratively larger than life. He was born in Toronto, Canada to Josephine and Francis Palmer. He is a descendant of William Booth, founder of the Salvation Army, and of the Scottish Barclays who helped found Quakerism. Barclay was raised in England in a family devoted to helping the poor and serving others. He served in the British Army as a lieutenant from 1950-1952. With a charismatic personality, Barclay has a passion for teaching and was a nationally recognized education reformer. In line with family tradition, he earned a master’s degree in theology from Oxford University. He excelled in track and field, held the British record in the shot put, received a trophy from Queen Elizabeth II, and competed for the British team in Russia, Romania, Bulgaria and Australia in the 1956 Olympics. On his way back from the Olympics, Barclay stopped in New York and fell in love with the city’s high energy and fast pace. He pursued his aspiration of educating young people as an English and Humanities teacher and later administrator in private schools. He coached championship-winning soccer and track and field teams. Barclay inspired young people to think in new ways and helped struggling students find their way. He led American students on academic tours around Europe and was recruited for advertising because of his classic looks, vivacity, and British accent.

Barclay was a pioneer in education reform. Working with the National Association of Independent Schools (NAIS), he spoke at national forums and at individual schools about the value of and techniques for incorporating moral awareness, creativity and critical skills into curricula instead of merely an emphasis on memorization. While teaching in Detroit, he launched programs giving more inner city students opportunities to study at private schools. He started racial awareness programs that brought current events and new perspectives. Building on his idea that teachers could learn from each other, in 1989 he started “Teachers In Depth,” a consulting company that incorporated the use of videography to educate teachers. Even after retiring in Maine, Barclay taught adult education courses well into his eighties. Since moving to Avita of Brunswick, Barclay has continued to nurture his passion for music, playing J.S. Bach, Louis Armstrong and leading singing sessions at the piano. He participates in poetry readings and painting groups. Although time and circumstance has changed Barclay in some ways, he continues discussing music, poetry or current issues with others. Now aged 88, Barclay continues a life of values, ideas, passions, creativity and stewardship. *Photography by Dianne Chicoine, West Gardiner*

Joanne Parsons

The Commons at Tall Pines, Belfast

Joanne Parsons was born in Belfast in 1948, a Leap Year baby! She has been a member of the Belfast community ever since. She attended Belfast High School, where she was on the student council and helped to create a yearbook for her classmates. Joanne chose to be a “career woman” when it was not a popular choice, like it is today. Joanne says she took home economics in school and that was all it took for her to decide that becoming a housewife was not for her! Over the course of her career, she spent 30 years working at the local Stinson fish packing plant. Joanne worked her way up through the ranks, becoming the plant administrator, and served as a human resources contact for her fellow coworkers. When the plant had to close down, Joanne got to work helping those employed by the plant find other suitable jobs.

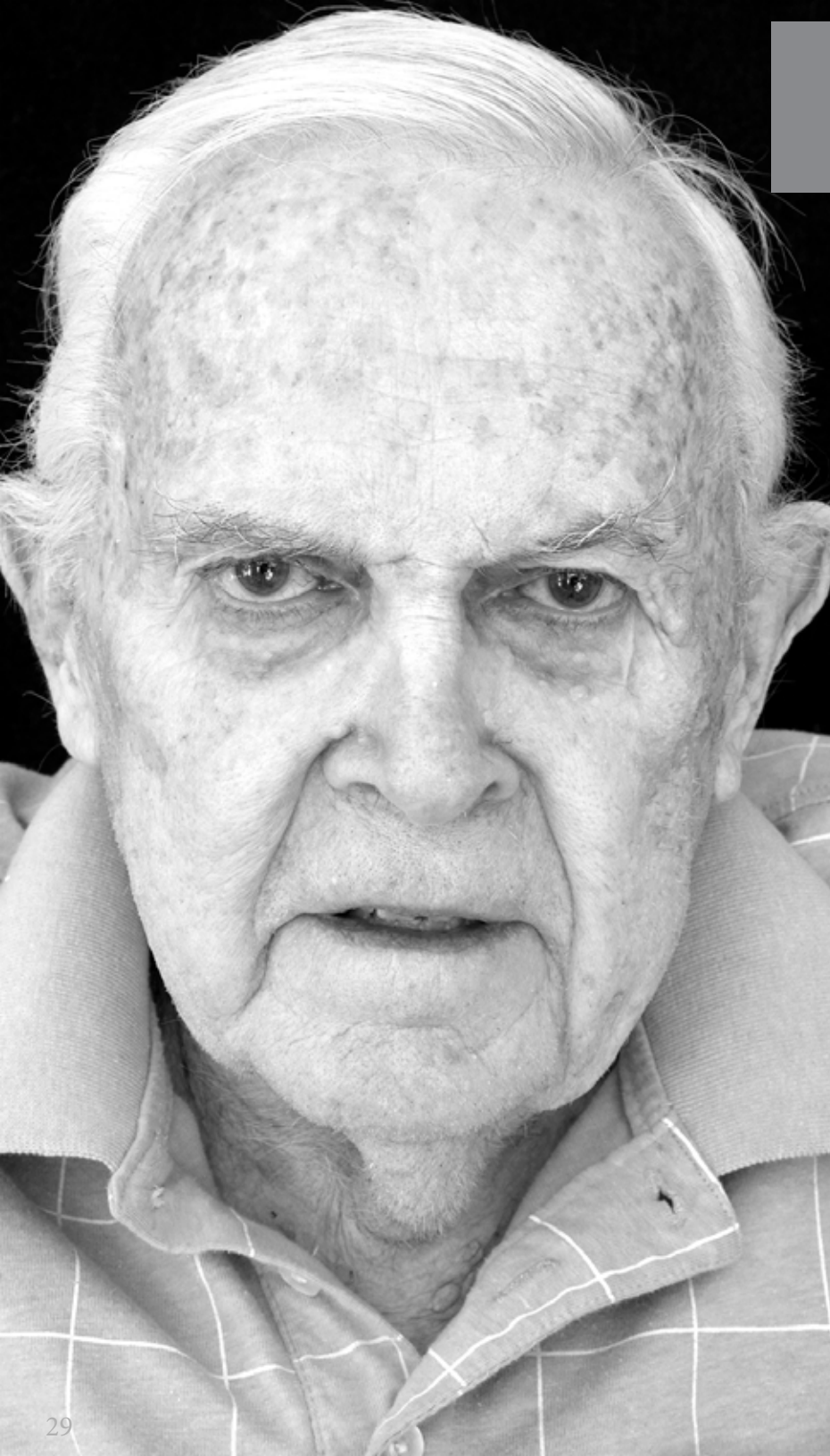
Joanne continued to serve the public through employment with Waldo County Community Action, an organization responsible for head start programs, heating assistance, weatherization programs and other needed services. Joanne spent many hours on special projects. She worked with local fire departments and other organizations, for years, putting together Thanksgiving baskets so that folks in the county, who need a little extra help, could have a nice meal. Joanne helped at Christmas as well, spending hours gathering names and needs of different families and ensuring that those in need were helped.

Despite having her own health challenges, Joanne is always looking out for her fellow residents. She says she always wants to make sure that others feel special and included. She frequently spends time with residents who experience some confusion or anxiety, bringing them comfort and reassurance. Joanne also reaches out to members of her congregation through writings about the importance of being kind to one another. She contributes articles for the local Belfast dialysis center newsletter, in hopes of making the other dialysis patients feel better.



Photography by Monty Rand Photography, Bangor





Alden Peterson

Russell Park Rehabilitation & Living Center, Lewiston

Alden Peterson was born on June 24, 1925 in Worcester, Massachusetts. Alden graduated from Lewiston High School in 1943 and immediately enrolled in the Navy. He served in the Navy during World War II, while attending college. While serving in the Navy, he started his engineering degree at Tufts University. One year later, Alden was transferred to Lancaster, Pennsylvania and the Navy enrolled him at Franklin Marshall College. He was transferred back to Massachusetts and enrolled at Harvard University. Alden completed his college career at Harvard in 1947, receiving two Master's Degrees in Civil and Electrical Engineering. Alden's active Navy career ended with his graduation from Harvard. He had worked his way up the ranks while attending school and was a Lt. Commander. Alden stayed enlisted as a Naval Reserve Officer, and was the Commander of the Naval Reserve Unit in Augusta. Alden went to work for New England Communications and worked there for 44 years until his retirement in 1991.



Alden was active within his community throughout his life. He moved to Greene in the early 1950s and quickly became active in local politics. Alden served as a selectman for the town of Greene and, in 1955, he founded the Greene Volunteer Fire Department. He served on the town's Budget Committee and as the Emergency Management Director. Alden was the Fire Chief in Greene for 50 years, retiring from the Department in 2005. Before the town had fire trucks, Alden would take the pumper, hook it to the back of his Buick and drive it to the site of the fire for the men to be able to pump the water. Alden could be found helping out wherever he was needed. When the town transitioned to 9-1-1 Service, in 2000, Alden was in charge of making sure all the properties in Greene were numbered. He did all the numbering himself before retiring that same year. Alden never married. He did all of his work for the town strictly on a volunteer basis. Alden never wanted money or recognition for all of his work. Alden has been complimented by all who knew him as "the smartest man we have ever known."

Photography by Dianne Chicoine, West Gardiner

Carroll Poulin

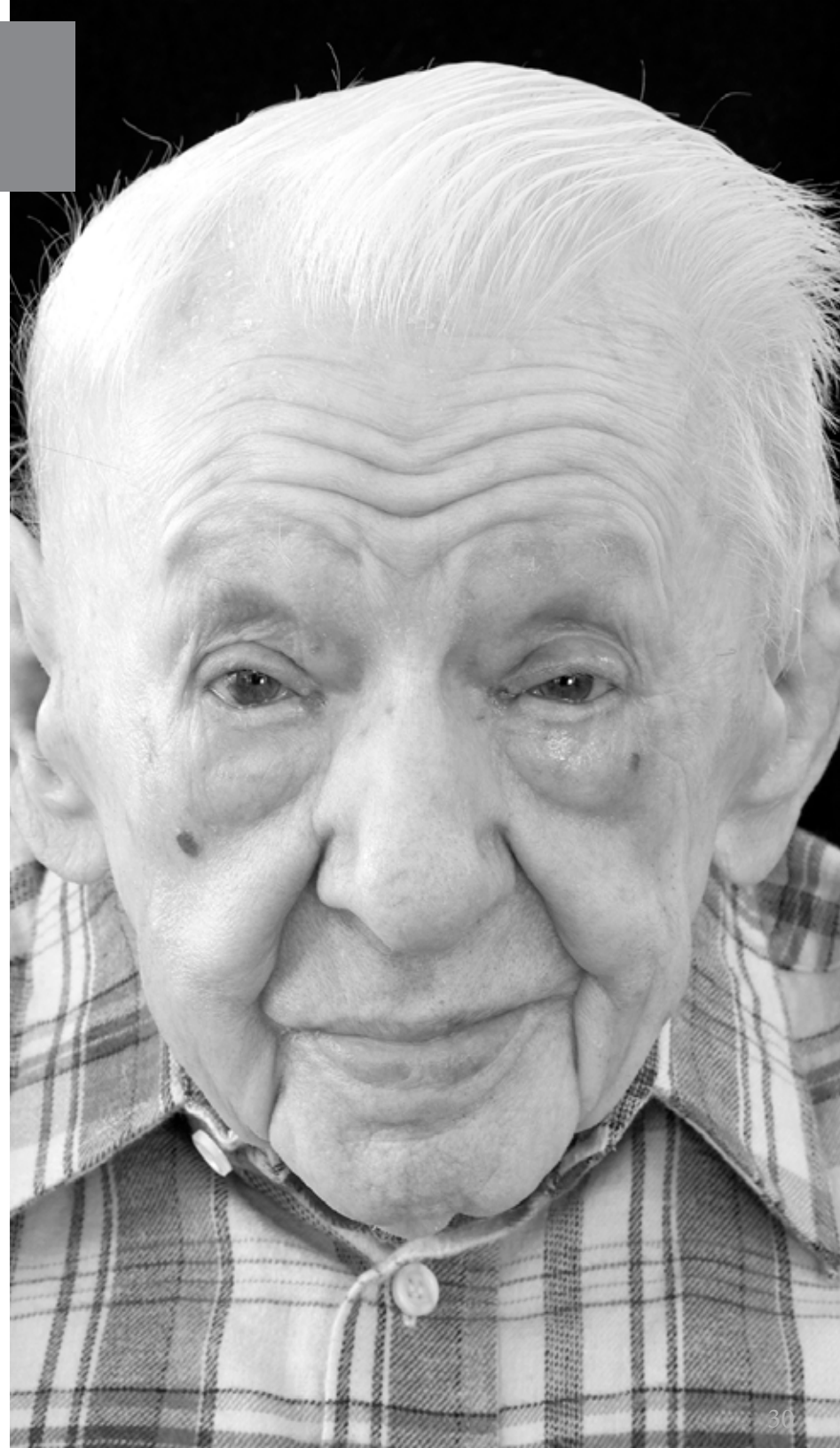
Clover Health Care, Auburn

If you took music lessons in the 1950's or later, in the Lewiston-Auburn community, chances are you know the "Music Man." Carroll Poulin Sr. was born in Livermore Falls, Maine, one of six children born to Joseph and Marie Poulin. Carroll's father, who died when Carroll was only six, was a violinist with the Portland Symphony Orchestra and later served as the Director of the St. Peter and Paul's Choir in Lewiston. His father's love of music was a gift he passed along to Carroll. At the age of sixteen, Carroll landed his first dance "gig" and later formed his own dance band, "Carroll Poulin and His Orchestra." After Carroll married Blanche, his wife of 60 years, he founded Carroll's Music Store, selling musical instruments out of their Noble Street home in Lewiston. The couple had three children, Carroll Jr., Daniel, and Linda. In addition to his roles as husband and father, Carroll also taught music lessons, 55-65 hours a week, for a wide range of instruments including brass, woodwinds, percussion, strings and piano. He kept an active profile in the community schools as well, bringing his instruments to generate excitement and encouragement for the children to join the school bands. As his business grew, Carroll eventually moved the store to its own free-standing location in Auburn. It wasn't until the 80's that Carroll Jr. took over the business and moved it to Canal Street in Lewiston. The business closed its doors in 2009 after serving and teaching students, young and old, for generations. Today, the business is fondly remembered by musicians who appreciated a store that catered to horn players and wind instruments as well as people whose children developed a love for music under its roof. In his retirement, Carroll never lost his passion for musical instruments. In the basement of his home, he maintained a collection of more than 150 instruments, many considered antiques and most of which he could skillfully play.



The "Music Man's" roots run deep in the Lewiston-Auburn community. Based on the studies done with people facing memory challenges, today, we understand better than ever the importance of music in peoples' lives. A special song or a simple melody can transport us, like no other art form, to another precious time. It can change our mood with immediacy and reminds us what it feels like to dance again. And, thanks to Carroll Poulin, the band will play on for generations to come.

Photography by Dianne Chicoine, West Gardiner





Margaret Robbins

Northern Light Continuing Care Lakewood, Waterville

Margaret “Liz” Robbins was born in 1929 in Augusta, Maine and grew up in Bangor at the start of the Great Depression. She was the oldest of 10 children and recalls the struggles of growing up with very little – receiving food from a wagon at the town hall, having a no flush toilet and using ration coupons to purchase food during the war. Liz was 17 when her family moved. She enjoyed keeping busy and became a member of the American Legion Auxiliary, where she attended conventions, marched in parades, and held the offices of President and Secretary. In 1949, Liz married Charles Sawyer and, while she was pregnant with their daughter Barbara, Charles was deployed by the Air Force Reserves and stationed in North Carolina. After his discharge, he started the Civil Air Patrol in Greenville to train cadets for search and rescue from the air. Liz also became a member of CAP and remembers having a uniform, military footwear, and a membership card. She loved adventure and relished every opportunity to fly with Charles. She attended several CAP conventions and fly-ins with a special interest in learning Morse code and how to operate ham radios.



As members of CAP, Liz and her husband were involved in the search and rescue of the B52 aircraft that crashed into the side of Elephant Mountain in 1963. It was vital for information to be communicated between the search parties, in the air and on the ground. Liz, who was familiar with operating ham radios, ran the ground communication from their home. She recalls Charles’ radio equipment being set up in their living room, and how she used his radio channel – W1FMI – which stood for “One Frozen Moosehead Indian.” Her involvement didn’t stop there. As a member of the Legion’s Auxiliary, she made coffee and lunches for the search parties and helped set up their lodging. “There had never been such commotion and excitement in our little Greenville before,” Liz softly explains, “and it was so cold that day.” She remembers that the lives of seven crew members were lost on that fateful day, with only two survivors.

At the age of 90, as she humbly recalls her journey through life, Liz has no regrets. She continues to enjoy life, and whole-heartedly embraces each new opportunity that comes her way.

Photography by Monty Rand Photography, Bangor

Walter Sakowicz

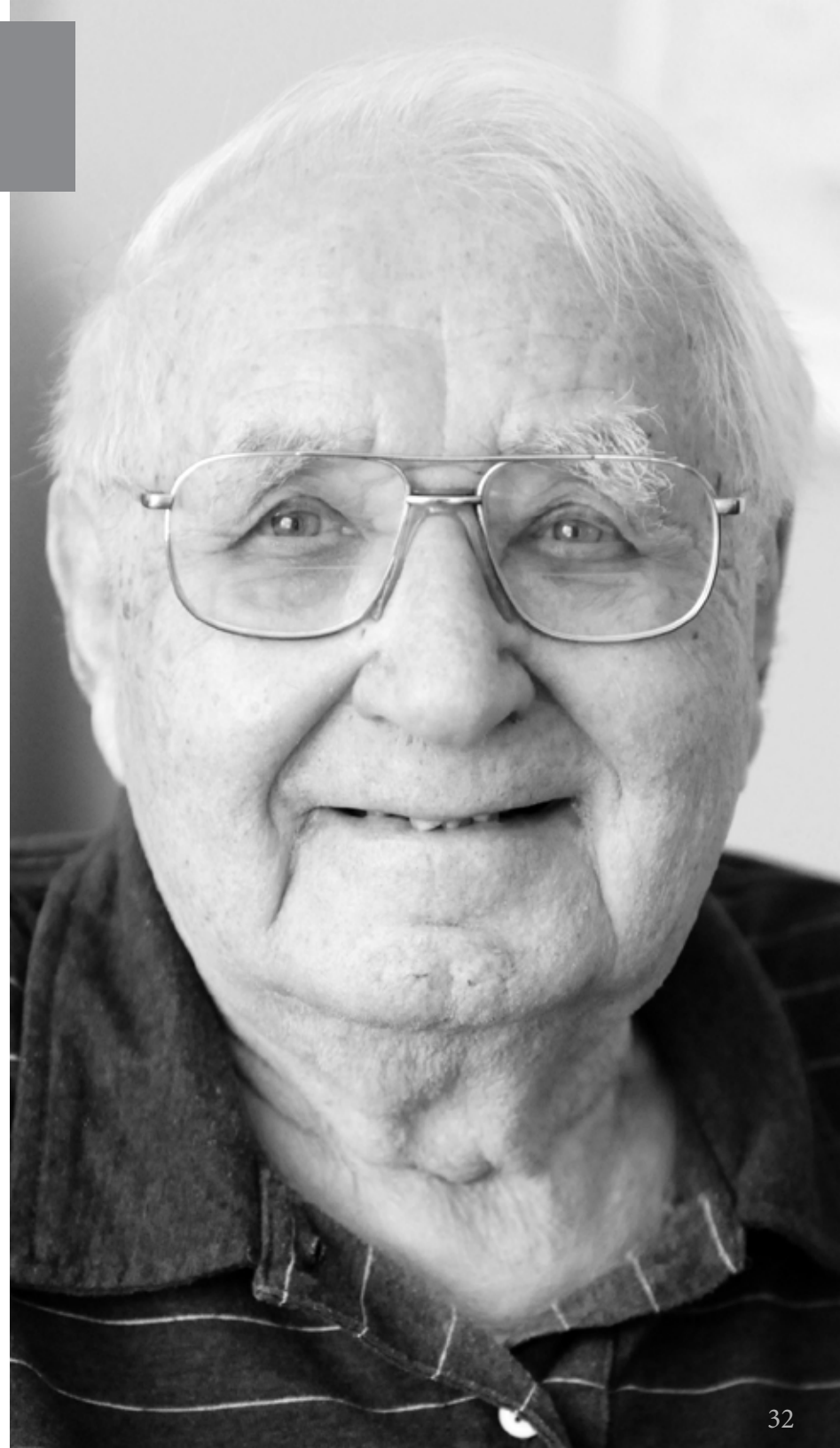
Durgin Pines, Kittery

Walter Sakowicz was born on June 25, 1926 in Lawrence, Massachusetts. His father immigrated from Lithuania, during WWI, by gaining employment on a cargo ship. He navigated several continents, eventually landing in New York, and later connected with his family in Massachusetts. Walter was a graduate of Lawrence High School and joined the Army during WWII. He was part of General Patten's 3rd Army. He was stationed near Nuremburg, Germany and won a lottery ticket to view the Nuremburg Crime Trials. After the war, Walter married, had five children and spent his career working for AT&T Engineering, for thirty years, training employees to construct telephone parts. At age fifty-five, he graduated from Northern Essex with a degree in psychology. He later moved to Manchester, NH to be near the airport where he parked his plane. He flew his Cessna 172 XP plane all over the United States, to Canada and Bermuda.

Walter was an avid hiker and became passionate about the White Mountains, at an early age, while camping at Dolly Cop with his family. He brought his own family there for many years to camp, hike, swim, and fish. He hiked the Appalachian Trail and all the 4,000 footers in New England, some more than once, giving him a spot in the 4,000 footers club. Some of Walter's other pastime favorites included biking, flying gliders, hang gliding, radio-controlled airplanes, Amateur (HAM) radio and, later in life, geocaching. He placed some of the containers or caches all over the United States for others to find. He said that one of his geocaching partners even had one placed here at Durgin Pines so, when people find it, they can come say hello to Walter. (Quite a clever way to get visitors!) Walter was also an amazing amateur photographer. He developed his own photos, at home, in his self-built darkroom and won many photography awards. Walter has enjoyed an adventurous, outdoor lifestyle most of his life and loves sharing stories about his experiences and his life.



Photography by Wyndee Grosso Photography, Westbrook





Carl Savage

Crosswinds Residential Care, Fort Kent

Carl Savage was born on July 15, 1933 in St. Francis, Maine. Upon Carl's high school graduation, in 1953, he set out to work in the Northern Maine woods as a clerk for a logging contractor. He married his high school sweetheart, Lena Thibodeau, and together they made plans to build a future. When Carl was drafted to the Army in 1955, those plans changed. Carl was devastated. He was not only leaving his beautiful bride but also his two-week-old son, Glenn. Nevertheless, he knew he had to serve his country. Once Carl arrived at the draft board in Portland, his position in the military changed. He became a proud member of the United States Navy. He served on the aircraft carrier the USS Forestal during the Korean War. After two years, Carl returned home. He returned to work in the woods and, a few years later, saw the opportunity to become a business partner in what became a successful office supply company known as M&S Office Supply. While the business grew so did his family; a beautiful daughter, Carrie was born. Carl felt he wanted to give back to the community by becoming involved with the local government. He served on several boards such as the NMMC Hospital, the FRRH, the Fort Kent Golf Course Building Committee, the Grounds and Greens Committee, and the Town of Fort Kent Board of Selectman, where he served as Chairman of the Board for 10 years. During his tenure as Chairman, Carl oversaw the creation of the Fort Kent Flood Dike, the Water District, and the building of the Fort Kent Municipal Center. He was also on the board to help create the Visiting Nurses of Aroostook and the Aroostook Home Health Services. Carl managed apartment buildings for a group of investors. In his spare time, Carl repairs clocks and watches. He never charges a dime for his services and has given away many watches. After his retirement, Carl continued to give back to the community and made a difference to many. He visited shut-ins and brought them food. Carl and Lena greatly enjoyed life and travel. They spent time with their children and grandchildren. After Lena was diagnosed with Alzheimers, Carl wanted to make her life the best he could and that he did. He took care of her as long as possible and, eventually, she moved to Crosswinds Residential Care where he knew she would have the best of care. Carl visited her every day and danced with her until the very end. He felt he had made a difference to many but the most important difference he made was to the love of his life, Lena. He now resides at Crosswinds. His life is a reminder of how precious time is and how "when the odds are one in a million, one can make a difference."



Photography by Bespoke Photographer, Limestone

Lawrence Shover

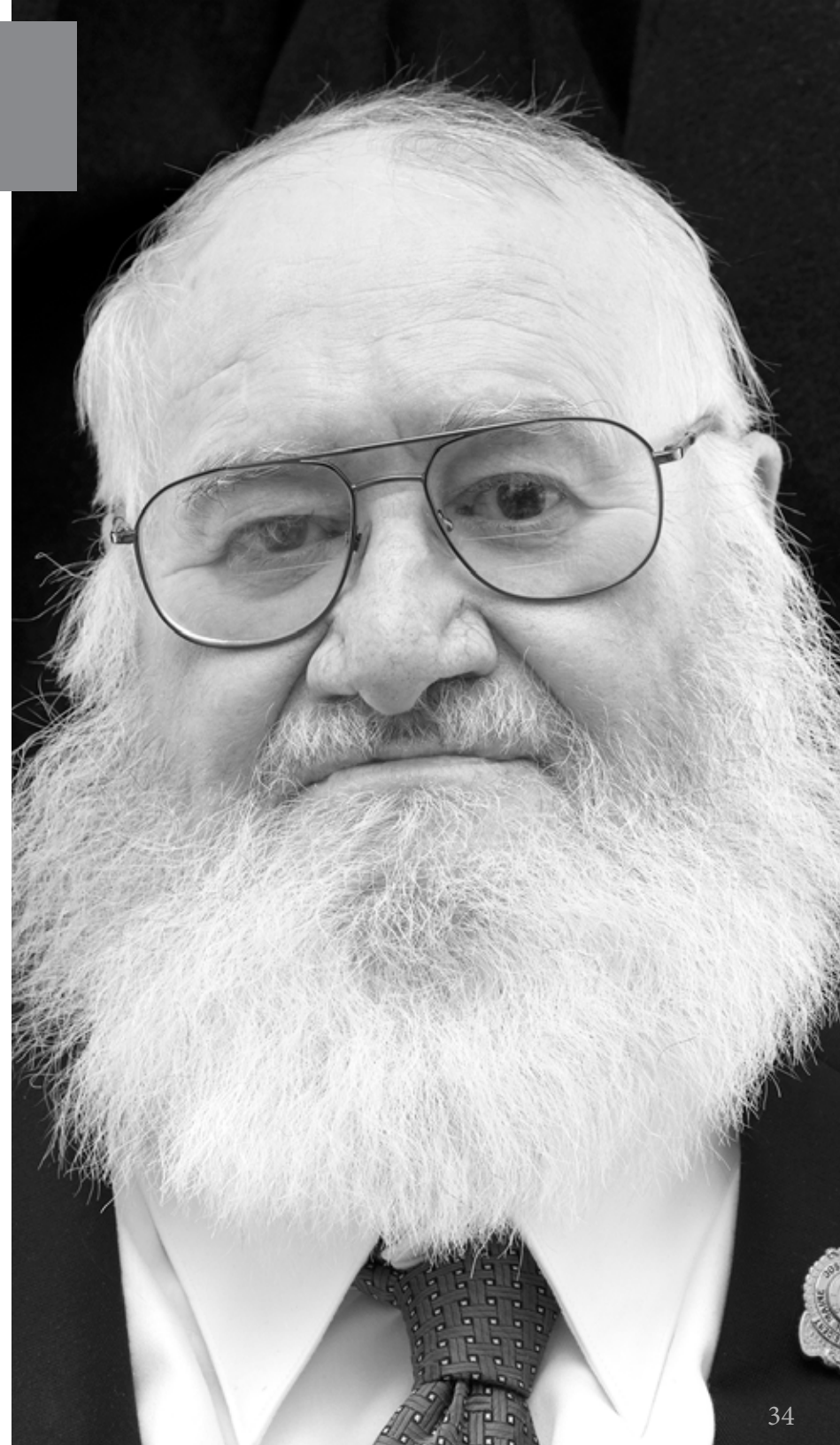
Maine Veterans' Home, South Paris

In the summer of 1955, while still attending high school, Lawrence "Larry" Shover enlisted in the Army National Guard. In 1956, Larry enlisted in the U.S. Army. Following basic training, Larry was sent to Fort Leonard Wood for training as a heavy equipment operator. In January 1957, Larry was sent to Korea where he served as a combat engineer for the 7th Infantry Division 13th Engineer Battalion Combat A Company. In 1958, Larry was drafted to the 2nd Ranger Battalion 2nd Ranger Company and then moved to an engineer platoon in the Chattahoochee National Forest. Larry was discharged in July 1959 but enlisted in the National Guard. In 1962, Larry was sent to the Maine Military Academy for OCS training, then to the U.S. Army Primary Helicopter School and, eventually, to the U.S. Army Engineer School. He was commissioned as a Second Lieutenant in the Maine Army National Guard. Larry was called back to active duty in 1967 as a MOS 1331 Combat Engineer Officer. He served in Fort Knox as a Basic Training Company Commander. In 1968, he served in Vietnam, as Company Commander, in the E Company 26th Engineer Battalion. He served in Germany, as administrative officer for the 3rd Infantry Division 10th Engineer Battalion. When Larry returned to the U.S., he served in the Army Reserves until 1973. Larry later joined the National Guard as an E5 Sergeant in the Engineer Platoon Delta Co. 262 Combat Engineers, Norway, Maine. When Larry was discharged, he was 12 days shy of 40 years in the service and received the Army Commendation Medal, National Defense Service Medal, Vietnam Service Medal, Bronze Star Medal, Vietnam Campaign Medal with 60 Device and two Over Seas Bars.

Larry worked in the Rumford paper mill for 37 years. He retired as Captain of the Mexico Fire Department after serving 37 years. In addition to a Fire Fighter of the year award, he was recognized as Past Master for the Blazing Star Lodge for 50 years, Shriner for 40 years, and longtime member and former president of the Western Maine Firefighting Association. He continues to be an active member of the VFW and Legion in Rumford. In 2019, Larry was the Grand Marshal for the Maine State Federation of Fire Fighters 56th annual convention. Larry has 3 daughters, 7 grandchildren and 3 great grandchildren. He enjoys reading, researching military history on his computer, going on outings and especially enjoys socializing with staff, volunteers, and fellow veterans.



Photography by Dianne Chicoine, West Gardiner



Cheryl Washburn

Cedar Ridge Center, Skowhegan



Cheryl Washburn was born March 22, 1955, one of five children. Cheryl graduated from Skowhegan High School in 1974 and went on to study Health Occupation, receiving her diploma from KVCC. Cheryl began her career working for the United States Postal Service, working as a PTF Clerk Carrier in Madison before finding herself back in her home town of Skowhegan. There, she served as a Senior Clerk for 22 years. She was Postmaster in Solon for five years. While working for the postal service, Cheryl was an avid community supporter. She was a member of the Kiwanis Club in Skowhegan where she ran benefits like the Bike Rodeo, which raised funds for the "Helmets for Kids" program. Cheryl, with 4 other women, organized an event for "Locks of Love," where local beauticians cut a total of 275 pony tails used to make custom hair pieces for children who had lost their hair. In October 2001, she helped organize a "Community Unites" fundraiser following the 9/11 terrorist attack; over \$8,000 was raised and donated. Cheryl organized a Murder Mystery Event to raise money for a fellow clerk's husband's heart transplant. She received an award from the March of Dimes for heading up a local walk that raised the most money. Cheryl organized a fundraiser for the Redington Fairview Hospital to purchase a baby incubator. In 2002, Cheryl was honored with the prestigious USPS Leader & Hero Award, a recognition for outstanding contributions to the Postal Service and their Community. In 2003, she was nominated for Skowhegan's "Citizen of the Year." The list of awards Cheryl has earned is endless!

On April 16, 2009, Cheryl suffered a bilateral watershed stroke. She was in an induced coma for a week, died twice, and had to learn how to eat, talk, and walk all over again. Cheryl was in the hospital for five months during which she continued to receive a paycheck from an accumulated pool of 500 hours of sick time that she had never used. In the fifth month, against all odds, she walked out with a walker! Through Cheryl's struggles she has kept a positive attitude and continues to be a positive influence in her home at Cedar Ridge Center. She is a member of the Resident Council and has assisted the recreation department by organizing line dancing performances, a lip sync contest, and a murder mystery fun day. Cheryl Washburn is the definition of community support and volunteerism!

Photography by Monty Rand Photography, Bangor

Jean Weir

Freeport Place, Freeport

Jean Weir grew up in an Army family. She recalls her father's December 7, 1941 birthday celebration being interrupted by the attack on Pearl Harbor! Jean's father went to serve while she and her mom returned to the states by boat, which was hit by a torpedo! Thankfully, they made it back safely. In college Jean studied art and teaching before entering the Women's Army Air Corps to serve as a recruiter. There, she also met her husband who was serving in the Air Force. While her husband was off on assignment, Jean showed great strength as she cared for three children and managed the family's home, an old farmhouse in need of repair, by herself. Jean and her family raised animals (cows, chickens, goats, geese and rabbits) and tended large vegetable gardens.

Jean and her husband were very active in Boy/Girl Scouts as their family was growing up. She was an active member in the local Methodist church until last year, when she had a stroke. Jean was a Sunday school teacher for many years and could always be found volunteering to help the church. Most recently she would spend every Wednesday at the church's food program to pass out food to those who are less fortunate. Jean would walk in all types of weather to keep this commitment!

Jean has health concerns that would slow anyone down, but not her! She is always keeping busy in her home at Freeport Place. Despite her health challenges, Jean is committed to exercise and she frequently joins exercise groups at Freeport Place. Jean attends monthly art time and enjoys solving puzzles, taking outings into the community and crocheting. Jean makes hats and scarves to donate to children's causes. Jean's positivity is contagious and she enjoys socializing with others. Jean is thoughtful and compassionate to all those she meets. She is incredibly strong, independent and always willing to help someone in need. She has a joy for life, and an optimistic outlook, and she is a gift to everyone she meets.



Photography by Wyndee Grosso Photography, Westbrook





Marcia Willock

Falmouth by the Sea, Falmouth



Marcia Belmar Willock was born in New York City in 1928. Marcia graduated from public high school in New York City, in 1946, and then went on to graduate from Oswego Teachers College, in 1950, where she studied dance and education. While at Oswego, Marcia directed a number of student dance and theatre productions. Upon graduation, she accepted a teaching position on Long Island. However, having been inspired to serve their country during the war, Marcia and a fellow teacher went to enlist in the Navy and ended up enlisting as officers in the Marine Corps. Marcia was ordered to Marine Corps Base Camp at Camp Pendleton in Southern California. While serving as an assistant to a Two-Star General, she was introduced to a dashing Marine Officer 14 years her senior, Roger Willock. After a brief courtship they were married in Nevada in 1952. Upon discharge from the Marine Corps, Marcia and Roger relocated to Boston where she cared for their home and daughter, Victoria.

The Willocks spent many years living in Princeton, New Jersey where Marcia became involved in a number of local women's clubs and garden clubs. She also became an expert in Robert's Rules Order and provided education to many groups on proper parliamentary procedure. Marcia started a women's investment club. As a lifetime Weight Watchers member, Marcia said that every time she wanted to eat chocolate, she invested in Hershey Company stock instead. Over the years, Marcia, a self-educated investor, accumulated an impressive investment portfolio. In 1976, the couple retired to Cumberland Foreside where Marcia continued to participate in various women's clubs, garden clubs and investment clubs. In 2006, Marcia made a significant gift to her alma mater, Oswego University, as part of the University's capital campaign. By her gift, Marcia endowed a professorship in the University's School of Business to encourage and support education in finance and investments. During her years in Cumberland Foreside, Maine, Marcia Willock was very active in her community and her church, St. Mary The Virgin Church in Falmouth. Marcia is most proud of her involvement with the local garden clubs, of which she has been the President. While Marcia is proud of all of her contributions to society, she shares that she is most proud of her service as a U.S. Marine. Semper Fi.

Photography by Wyndee Grosso Photography, Westbrook

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Donald Anspach

DLTC Healthcare - Crawford Commons, Union

Don Anspach attended the University of Southern Maine (USM) where he earned a master's degree and later went on to teach sociology and criminology in Portland, Maine. Don's first job was a shoe shine boy. Don received several awards for his contributions to USM. Don also volunteered in the soup kitchen for over 20 years.

Kenneth Chaney

Maine Veterans Homes - Augusta

Kenneth Chaney is a 100 year old WWII Veteran. He served in the United States Navy. He has had numerous accomplishments in his lifetime. Kenneth has served as selectman for the town of Alna. He has also served as a member of the school committee, planning board, road commissioner, plumbing inspector, building inspector and the board of appeals. He is a very humble man and his family is extremely proud of him.

Eugene Choate

Alzheimer's Care Center, Gardiner

Eugene Choate was born in Augusta, in May of 1932, and has roots hailing back to Ireland. He is best known as "Gus" or "The Gusser" dating back to his football days at Cony High School and being part of the "Jolly Boys." He grew up on Swan Street and started out painting with his father, Charlie Choate, but Gus found his calling as a salesman – traveling the New England states in his station wagon. He followed the footsteps of his father and two elder brothers, when he joined the service, serving in the Navy. Gus fought for our country while on the USS Remy during the Korean War. Gus and his wife Pam had three children who remain a source of pride in his life. Gus is a huge part of the lives of his grandchildren and has often been seen at cross country or ski meets, football and soccer games, and at the school graduations. His love for the outdoors, including hunting and fishing, and his kindness towards others was shown in style to his grand kids who love their Nampa. A man who is never without a story, Gus is the shine in the sun and the joy of a hard laugh. He was and is a friend to everyone he meets and, whether he knows you or not, he welcomes you and invites you in with his warmth.

Honorable Mentions

Irving Cunningham

Dexter Health Care, Dexter

Irving Cunningham was born in Bangor in 1940, to a family of eight children. At the age of three, he developed a tumor in his eye, which was then removed. He was unable to attend school beyond grade eight, as the schools of the time were unable to accommodate his visual disability. His neighbor was the chief pathologist at Eastern Maine General Hospital, and he took a special interest in Irving. He asked Irving to come to his office and gave him a list of jobs that Irving could try. Irving chose to work in the autopsy division and, despite the emotional challenges of the job, went out to participate in 3,011 autopsies during his career. Irving joined the Masons and the Shriners, serving these organizations in many capacities. He traveled all over the world with them, including England, France, Germany, Switzerland, Sweden, Mexico, Canada and Rome. He continues to communicate with other Shriners and Masons and receives their publications regularly. Irving has a beautiful bureau in his room that he made at school, in shop class, and is very proud of. He also has a large flag crocheted by his mother which, he points out, hangs in the dining room at Dexter Health Care.

Fred Davidson

Heritage Rehabilitation & Living Center, Winthrop

Fred Davidson was born in Cutler Maine. He was the second oldest of 7 children. While growing up he spent most of his time with his grandparents for whom he had a high regard. Fred is very proud of his wood cutting abilities, which he contributes much of to his grandfather's teaching. Growing up he loved math and he learned to play chess at school. Fred finished high school with a GED before spending six years in the Army. He was married twice, having three children with his first wife. Fred held a variety of jobs including cutting wood with a bucksaw, driving a truck from Nova Scotia to New York, digging clams, raking blueberries and working as a security guard. Fred loves to square dance and waltz. He continues to enjoy country western music. Fred is an avid reader, especially westerns. He enjoys writing poetry and reading his poems to other residents, staff, and visitors. Fred considers himself an optimist, always looking for the good in everyone. His advice to others is "make a friend, you never know when you may need one."



Jean Dean

Scarborough Terrace Assisted Living, Scarborough

At 96 years old, Jean Dean still takes great pride in preparing delightful dishes. When residents, staff and visitors, passing through the halls, stop to comment, “Mmmm, something smells delicious,” we know Jean is leading her cooking group. She also volunteers her time behind the scenes with a committee she brought together to plan weekly menus, often using Jean’s own recipes. Despite being diagnosed with Parkinson’s Disease several years ago, Jean perseveres every day to not let any obstacle stand in her way. Jean married and raised two sons, spent time working at a bank and, in retirement, was a volunteer for Avery County Hospice in North Carolina. After the passing of her husband and receiving a diagnosis of Parkinson’s Disease, Jean’s son requested she move to Maine so he could offer her the same support she had spent most of her life providing to others. Jean does not let anything stop her from living life to the fullest. Jean is humble, dignified, kindhearted, intelligent, family oriented, observant, and a problem solver. Jean does not simply inspire all to find happiness but also to create happiness when it cannot be found.

Richard Eichacker

The Lincoln Home, Newcastle

Richard Eichacker, or Dick as he prefers, was born on December 22, 1931 in Hartford, CT. After graduating high school Dick attended the College of General Studies at Boston University. He then joined the Air Force where he served from 1953-56. After his time in the Air Force he returned and completed his Engineering Degree. Dick took a position with Pratt & Whitney where he would work for 28 years. Dick and his wife were married in 1955 and had two children, Cynthia and Stephen. Dick and his wife purchased three cottages in Tenants Harbor in 1985, which they repaired and rented. They moved permanently to Rockport, ME in 1992 and became an active part of the community as volunteers. Dick has volunteered at Marshall Point Lighthouse, Habitat for Humanity, AARP Income tax assistance, Window Dressers, and was an active member of the Congregational Church in Rockland.

Honorable Mentions

Joanne Ellis

Pine Point Center, Scarborough

Joanne Ellis was born and raised in Waterville, Maine and was one of four children. Joanne spent much of her time with her grandparents assisting with the chickens and the small garden. In adulthood, Joanne became a single mother of two, a girl and a boy. Although she had no family to assist her, Joanne was thankful to be able to find a housekeeping job that allowed her to take her children to work. Once the children were in school, Joanne worked as a teacher aide and then as a cook at the local nursing home in Waterville. Joanne always loved to knit; often times knitting for her own children and extended family. Joanne has knitted at least 1,000 beautiful sunhats for newborn babies. Families would receive them at the hospital and extras were always available at the Pediatrician offices. Over the years, Joanne has made countless baby hooded sweaters, booties, and afghan blankets to be donated or raffled to raise money for families. Joanne now has four great-grandchildren and spends the majority of her day listening to music and continuing to knit. Joanne is thankful that family and friends have supplied her yarn through the years and loves to knit to keep herself busy. Joanne continues to display the kind of selflessness and strength that we can all admire.

James Friedlander

Seaside Healthcare, Portland

James Friedlander was born in 1926 in New York City. After graduating High School, he attended college for one year before joining the Navy in 1944, serving until 1946. He served on a Mine Sweeper in the Philippine Islands during WWII. After his service he attended the University of Colorado. He moved to Europe for a year and a half, traveling and working odd jobs to support himself. Upon his return, he worked for CBS doing news reels before returning to college to become a city planner. James married his first wife in 1954 and they had a daughter, Susan. James and his wife were married for 15 years before she passed. He met his second wife and married in 1979, spending 42 years together before she passed. James moved to Portland in 1979, where he worked for the Council Of Governments for two years. He operated a Bed & Breakfast in Freeport, Maine until his retirement in 2003. James remains actively connected to Veteran's causes. He served as a past Commander of Disabled American Veterans Chapter 15, is a member of the Jewish War Veterans, and the Veterans Housing Coalition. He is currently writing a book.

Gladys Gagnon

Forest Hill Nursing Home, Fort Kent

Gladys Gagnon, also known as “GG”, was born and raised in Wallagrass Maine. She has lived an invigorating, ambitious and active life. She began working at a very young age on her parent’s farm with her five other siblings. Shortly after receiving her GED, she moved in with her aunt in Saco, Maine. She worked at a thread factory and, following a hard day at work, she assisted her aunt with caring and cooking for her five younger cousins and doing chores around the house. While living in Saco she met her husband Edmund, a navy soldier, and decided to return to Wallagrass. She worked for Kent Incorporation, sewing pajamas, while also studying to become a dietician. Once she became a dietician, she worked for Northern Maine Medical Center for 21 years. Gladys also volunteered for the VFW and the American Legion. After her husband’s tragic passing, she continued working full time, volunteering, and taking care of her family. As a single parent, to support her family, Gladys would knit items to sell. To this day, Gladys is still knitting and selling her beautiful items to family and friends who come to visit. She is a resident who brings sunshine and positive vibes to all.

Joan Giles

Sarah Frye Home, Auburn

Joan Giles is a recovering alcoholic who has been sober for 40 years. She has been very active in her recovery as well as advocating for others. She owned a book store in Portland that catered to helping those in recovery. Joan also participates in a computer blog with a friend and, most recently, Joan was featured in an article published in Recovery Magazine.

Gloria Hooker

Hawthorne House, Freeport

Gloria Hooker is a woman who has experienced great adventures throughout her long life. Gloria, unlike many women of her time, went to college and graduated from Bradley University in Peoria, Illinois, where she majored in English. Her desire to learn and keep up to date on current events has never wavered. Her favorite activity at Hawthorne House is trivia. Gloria married her husband Robert after college and they went on to have two daughters, Faye and Marliss. She was an active volunteer in the San Marino school system and spent many years leading a Girl Scout Troop. Gloria is the proud grandmother to four grandchildren and has three great grandchildren. Gloria was a docent at the Huntington Library, Art Museum and Botanical Gardens, known as The Huntington, located in San Marino. Her interest in historical facts and storytelling influenced her desire to write and, in 1974, she wrote a book for middle school readers titled, I Shall Not Live in Vain. It detailed the life of Harriet Beecher Stowe, the author of Uncle Tom’s Cabin. She also published The San Marino, California Telephone Directory. Gloria remains an enthusiastic, caring and thoughtful woman, who is ever watchful over those around her. If someone needs assistance or has a request you can be certain that she will be there to ensure their needs are being met.

Honorable Mentions

Mauno Kankainen

Maplecrest Rehabilitation & Living Center, Madison

Mauno Kankainen was born in Kingfield to Finnish parents. He resided on a farm with his family, caring for animals and working in the woods. Mauno graduated from Kingfield High School and went on to serve in the Navy. After World War II, he traveled to Chicago and worked for the post office while studying to become an electrician. Upon completing his course of study, he returned to Maine where he met and married his wife Katherine. They went on to have three children, Eric, Michael, and Karen. Mauno managed many enterprises to support his family; he was an electrician, an appliance salesman and a real estate developer; he owned a ski shop, Sugarloaf Ski Specialists, and ran Vose Mountain Lodge. After his children left home, Mauno focused on guiding, trapping, and cutting wood. Upon retirement he and his wife wintered in either Hawaii or Spain.

David Lindsay

Norway Center for Health & Rehabilitation, Norway

David Lindsay was born in 1938 in Connecticut. David graduated from high school in 1956 and, for four years, attended University of Connecticut where he majored in Geology. He spent the next five years working as an insurance writer. During this time he met the love of his life, Barbara; they have been married for 56 years and have two daughters and a grandson. David served 12 years in the Army National Guard where his Dad was his Commanding Officer. He then became a teacher at Housatonic Valley Regional High School. David taught science for 41 years. He coached robotics, football, wrestling, cross country and track, winning many Championships from 1967-2007. In 1991, he was awarded Coach of the Year and the track was named after him. The David B. Lindsay Track, which he also helped build, was the most modern track in the league at that time. David and Barbara retired to Maine in 2007 to be near his daughters and grandson.

Roger Mailhot

St. Mary's d'Youville Pavilion, Lewiston

Roger Mailhot graduated from St. Dominic High School in 1951 and continued his education at University of Maine at Orono, graduating in 1954. Roger also served two years in the U.S. Navy, from 1955 to 1957. He returned home to work in the family business, E.W. Mailhot Sausage Company, taking over the company upon the passing of his father in 1981. Roger married his wife Jacqueline in 1965; they were married 47 years before her passing in 2012. Together they have four children and seven grandchildren. Family and volunteering have always been an important part of Roger's life, being involved in the community and St. Peter's Parish. He enjoyed spending time at the family camp at Taylor Pond in Auburn, ME and was always willing to help someone in need. He served as President of the parish council for St. Peter's church and played an integral part of bringing Vietnamese families to Maine in the 70's. He was a youth group leader and ran weekly prayer groups. He was also involved in the Lewiston/Auburn Richeleau club, serving the Lewiston/Auburn Kiwanis Club, the Knights of Columbus and St. Vincent de Paul, to name a few.



Nathaniel Nash

Piper Shores, Scarborough

Nathaniel “Nick” Nash was born in 1922 in Cambridge, MA. He enrolled at Harvard College in the fall of 1941 but soon left to enlist in the US Army. During World War II, he served combat duty as an artillery officer in an anti-aircraft battalion in the European Theater. During that time, he participated in the campaigns of Normandy, Northern France, Rhineland, Ardennes and Central Europe. Follow the war, he joined the US Occupation forces in Germany. Upon returning home, Nick completed his studies at Harvard, where he met his late wife, Carol. They were soon married and raised their family in various New England towns. He worked for the New England Telephone Company for 34 years, until his retirement in 1982, save for one year when he was called back into service during the Korean War for weapons training. Nick has had a lifelong interest in nature, particularly birds, having recorded his sightings in detailed journals (starting as a teenager and continuing into his 80s). As a licensed bird-bander, he banded birds in his backyard as well as on offshore islands along the New England coast, where he banded nesting seabirds. He established the Conservation Commission in his hometown of Hamilton, Massachusetts and served as Chairman from 1960-65.

Enoch Parks

Sanfield Rehabilitation & Living Center, Hartland

Enoch Parks is a well liked and valued member of the community. He served in the U.S. Navy and continues to keep people happy and laughing at the facility with his out going nature.

Elmer Plummer

Maine Veterans Homes - Bangor

Elmer “Skip” Plummer was born in Bangor, Maine in 1917. Elmer attended Bangor High School for two years before he quit school to go to work. He met his wife, Evangeline Matthews walking down Exchange Street in Bangor. He said he was with friends and he saw her and flirted with her. They were married in 1937 and had four children. Sadly, they lost a son and a daughter to melanoma. Skip was drafted into the Navy in 1944. He completed basic training in New York and then was stationed in Norfolk, Virginia for two weeks. Skip was then moved to Little Creek, Virginia. He worked on the military vehicles and signed them in and out for the soldiers on base. He was discharged on January 16, 1946. After his military service Skip went to work with American Gear and Auto parts. He was a truck driver with them for two years, working his way up to General Manager. Skip left there and started his own store in Ellsworth. He owned Ellsworth Auto Supply for 29 years before selling it to his son-in-law. Skip enjoyed carpentry as a hobby. He built his own home on Pendleton Street in Brewer as well as his camp on Lucerne Lake. Skip is very proud to be part of a large family. He had four children, has eleven grandchildren, twenty three great grandchildren and six great-great grandchildren.

Honorable Mentions

Theodore “Ted” Reese PhD

Sedgewood Commons, Falmouth

Theodore “Ted” Reese enjoys talking about his wrestling career and all of the advantages it has given him. The following is an excerpt from the Maine Wrestling Hall of Fame website, as provided by Sedgewood Commons staff. “Ted Reese (Phd) is head coach at USM’s wrestling program, having led Brandeis University’s wrestlers to the best records in that school’s history and having founded the varsity Maine high school programs at Camden-Rockport, Georges Valley, and Bonny Eagle. During his fifteen years at Bonny Eagle, the “Fighting Scots” were State Champions seven times, runners-up four times, and winners of the Sportsmanship banner twice. As a matter of fact, they have been Class A (for Maine’s largest schools) State Champions four of the last five years. Reese’s background is varied. He wrestled for Yale, winning the Gleason Trophy, and was New England freestyle champion four times. After getting his BA in English at Yale, he served in the Marine Corps and later earned masters degrees at both Harvard and Brandeis before being awarded a PhD in English at Brandeis.”

Anna Sabasteanski

Springbrook Center, Westbrook

Anna M. Sabasteanski was born in 1958. Anna was a straight A student, always on the honor roll, first chair violin in the orchestra, and actively involved in drama club. Anna graduated from Bates College with a BA and earned her Masters degree from the London School of Economics and Political Science. Anna maintained AFLSE (Alumni and friends of the London School of Economics) in the United States (US). Anna lived outside the US, in England as well as India, before settling in Cambridge, MA. Anna was the President and CEO of The Asset Management Network Inc., a consultant company that provided services and operational support systems for financial services, pharmaceutical and media clients. She was a Professor of Entrepreneurship at Harvard and Author and Editor of Patterns of Global Terrorism, volumes one and two. Anna has worn other hats too: Global E-Commerce Practice Director, Divisional President of Electronic Press Services Group, featured panel expert of technology at ACLU (American Civil Liberties Union) meetings, WITI (Women in Technology International) session speaker on e-commerce development and as a consultant of electronics and technology. Anna published Terrorism Central, an online newsletter that provided information on terrorism from the United States and multiple other countries. She has been published in the Boston Business Journal, and is a three times Mass eComm 10 winner, an award given to ten executives who have had an impact on e-commerce in New England. Outside of her career, Anna is also well known for being a loving, caring sister to her three younger siblings, a devoted mother to her son, an avid knitter and reader, a connoisseur when it comes to the fine arts, and a renowned vegetarian cook!

William Saltzer

Inn at Village Square, Gorham

William (Bill) Saltzer was born in 1925 in New Jersey. When he graduated high school in the spring of 1943 he immediately enrolled in the Marines. After Boot Camp, Bill was sent to New River and California before being part of three combat missions in Saipan, Tinian and Okinawa. A month after the war ended, his division was moved to Japan. He was sent to school to become a Japanese interpreter. While in Japan, as an interpreter he would go over surrender documents that stated what weapons they had and then to go to that location to see what weapons were hidden. In 1949, Bill attended and later graduated from Boston University with an associate degree; he went on to Law School for another three years and graduated with a Juris Doctor Degree. He continued with his Military duty serving in the United States Army as a Lieutenant for ten years. With his law degree he was hired by Sanders Associates in Nashua, New Hampshire and stayed there for five years in procurement. Bill was then employed by Raytheon Corporation for 28 years; 10 years at the signal division in Portsmouth, Rhode Island with emphasis on developing the submarine tracking fleet. Bill spent ten years working on the Patriot Missile with the Netherlands and Mitsubishi Company, which helped the company win the independent contract to produce the Patriot Missile. He inspires all of us with his stories of his time in the service, his vast knowledge of history and his easy going humorous personality.

Herbert Severance

Hibbard's Skilled Nursing and Rehabilitation Center, Dover-Foxcroft

Herbert "Herb" Severance was born on Valentine's Day, 1930, in Dover-Foxcroft, Maine. He attended Foxcroft Academy, participating in football, basketball, and baseball. Herb joined the military in 1949, right after graduation, and served for 22 years; he retired a Master Sergeant. He met and married the love of his life, Yolande Robinson, in 1955. They had two children, Alan and Sheryl. He currently has three grandchildren and two great grandchildren. After the military, Herb went to work in the deli of the local Shop-N-Save grocery store, and remained there twenty years until retiring in 1991. He was known by the regular shoppers to be friendly, outgoing, quick with a smile, and always offering a cookie to young patrons. Herb was a regular volunteer at Hibbard Nursing Home, visiting several times a week to call bingo, help others play, decorate for parties or just visit residents. As an active member of the Methodist church, he would often host dinners and help with the local whoopie pie festival. Over his golfing career, Herb got many holes in one and won several local tournaments. He was also a member of the Mosaic lodge, the Dover-Foxcroft Chapter Masonic Lodge. In 2018, Herb moved into the Assisted Living apartments at Hibbard's Nursing Home, and into the Nursing Home a year later. He continues to continue to enjoy spending time with others, reading his newspaper, and being as helpful as ever.

Honorable Mentions

Jewell Silveria

Quarry Hill Retirement Community, Camden

Jewell started out packing sardines in Port Clyde, Maine where she was born. She ran The Dip Net Seafood Restaurant in Port Clyde for several seasons and everyone loved Jewell's home made doughnuts. She moved on to work in a Dress shop in Rockland, Maine and always had her sights set on owning her own shop. Jewell opened a second hand clothing store on Main Street called, The Stock Exchange. She purchased the Davis Funeral Home on Main Street, across from the ferry terminal; it was a beautiful federal style building, grand enough to become Jewell's Boutique. The store was loaded with antique clothing, accessories and new clothing. She went to many clothing shows in Boston and New York and had a keen sense of fashion, knowing what would sell. Jewell was invited to display her antique clothing at the antique car shows at the Owls Head Transportation Museum. She did many fashion shows at The Samoset and local restaurants, to benefit local charities including the Multiple Sclerosis Society. Jewell is well known and loved in her community. Jewell was a judge multiple times for The Miss Teen Maine and Rockland Lobster Festival Sea Goddess pageant. In 1981, Jewell was celebrated for her contribution to the community at the Rockland Area Chamber of Commerce Recognition Night.

Henry Stence

Maine Veterans Homes - Machias

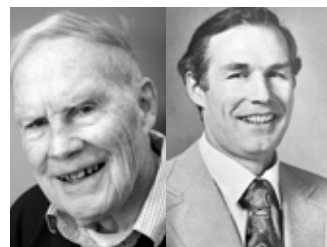
Henry "Hank" Stence was born in 1946 in Lubbock, Texas. His father was in the military and Hank attended 13 different schools before graduating from Grand Prairie High School in Texas in 1964. After high school, Hank attended Texas Tech's pre-veterinary program. When an opportunity arose to fill in doing baseball broadcasting, he gave it a try and enjoyed it. This led to changing his major, after two and a half years, to radio and television. Before he graduated, "Uncle Sam came a calling," and he began two years of active duty at Naval Station Sangley Point in the Philippines. Upon landing at Clark Air Base, word spread that Hank had radio experience and, just like that, he was reassigned and working three radio shifts on the Armed Forces Philippines Network (AFPN). Hank also did a fair amount of diving in the Philippines and loves to share stories about shipwrecks and his other discoveries. He met Pamela Hedrick at college, they married in 1969, and they had one son, Jonathan. Hank's love of diving has led to many adventures here in Maine. He gave tours on a diving boat and at the local smokehouse, "McCurdy's" in Lubec, all while working as site manager at Maine Salmon Aqua Foods. Until very recently, he continued his love for radio with a show he hosted on Sundays, with his son Jonathan, called The Hank Stence Show, at the University of Maine at Machias. He has published one book, The Messiah and is working on publishing another, World Adventures of Charlie Chickadee. Hank continues his passion for his radio show, the challenge of trivia games and disc jockeying for fellow residents every Saturday afternoon.



Eric Twigg

Seaport Village Healthcare, Ellsworth

Eric Twigg was born in England. His outgoing and witty personality brings a smile to all. As a young boy he enjoyed traveling and learning all that he could for survival. He was a member of the Boys Brigade, where he earned money to make trips to Switzerland and Germany. Eric decided to join the English Army in Aildishot to receive training and to continue his schooling through the program. He joined the Junior Parachute Regiment and, at just 16 ½, he was sent to Aiden where there was active hands on war experience taking place. This strongly impacted his outlook on life. Eric continued on with the British Airborn, serving for over 22 years and ending his service as a Lance Corporal. Through this time he earned several honorable medals including a campaign medal with 5 additional bars, a long service-15 year good service and conduct, medal and the Queen's Silver Jubilee. Eric proudly absorbed the experiences and grew from them in his life after the military. He joined the Free Masons during the 70's, choosing to go through the Scottish Rites. As he moved to the states in the 80's, he worked his way through the various degrees of Free Masonry, becoming a noble of the Mystic Shrine in Anah Shrine Temple of Bangor in April of 1989. Eric was an accomplished business owner in Southwest Harbor as well; he owned a game room, an ice cream shop and The Tom Cat Variety.



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